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## Support Dry Needling in Maryland

About this petition

Dear Chair, Vice-Chair, and Members of the Committee:

I am writing in Support of SB 232/HB 172- LICENSED ATHLETIC TRAINERS- DRY NEEDLING APPROVAL.

Athletic Training encompasses the prevention, diagnosis and intervention of emergency, acute and chronic medical conditions involving impairment, functional limitations, and disabilities.

Athletic Trainers are licensed and board certified health care professionals with, at minimum, a bachelor's degree in athletic training from an accredited institution. More than 70% of the profession has a master's degree or higher level of education, and the profession now requires a master's level degree for entry.

Dry Needling is a modality used when hands and fingers are unable to palpate all of a soft tissue, especially deeper layers of muscles.

Maryland COMAR 10.38.12.02 defines Dry Needling as an intramuscular manual therapy that involves the insertion of one or more solid needles, a mechanical device, into the muscle and related tissues to affect change in muscle and related tissues; Deactivation of the trigger points and related tissue can bring immediate relief of symptoms, which cannot be obtained by any other treatment.

Maryland COMAR already has language differentiating between Acupuncture and Dry Needling.

Qualified athletic trainers in 28 other states and the District of Columbia are allowed to use this skill on their athletes. The skill of Dry Needling is one that is shared with other medical professionals such as physical therapists, chiropractors, and physicians. With appropriate training, athletic trainers are very well prepared to administer dry needling treatments. Most courses last over a four-day span which involve over 25 hours of coursework and hands on practice which included other health professionals like physical therapists and chiropractors.

Currently, athletic trainers are unable to use dry needling as a course of treatment for their patients because it is not included in the MD Practice Act. As a result, many Athletic Trainers, including in the university settings, are hindered in their ability to provide a high standard of care to their current student-athletes. This places Maryland athletes at a disadvantage because they cannot otherwise receive dry needling in a manner that easily accommodates their already demanding class and practice schedules. Passing this bill would allow certain Athletic Trainers the ability to administer dry needling to their patients, which many may have done in another state before coming to Maryland.

Additionally, Athletic Trainers who work for national governing bodies and US Olympic teams are guided by their home state practice act. So limiting dry needling from Athletic Trainers licensed in Maryland will also have a potential international impact and could limit local Athletic Trainers from being selected as Health Care Providers supporting these athletes.

For these reasons, I respectfully request a favorable vote on both HB 172 and SB 232.

Sincerely,

## Signatures

1. Name: Michael Van Bruggen on 2023-02-01 01:33:32

Comments:

Professional Credentials: State of Professional Practice:

2. Name: Mike Hopper on 2023-02-01 01:33:40

Comments:

Professional Credentials: State of Professional Practice:

3. Name: Josh Beard on 2023-02-01 01:33:58

Comments: This is an incredibly effective modality that all athletic trainers and their

patients should have access to if appropriately trained.

Professional Credentials: State of Professional Practice:

4. Name: Daniel Givens on 2023-02-01 01:35:50

Comments:

Professional Credentials: State of Professional Practice:

5. Name: Ted Hirschfeld on 2023-02-01 01:49:20

Comments:

**Professional Credentials:** 

State of Professional Practice:

6. Name: Scott Bradley Swope on 2023-02-01 02:42:30

Comments:

**Professional Credentials:** 

State of Professional Practice:

7. Name: Kristen Streeter MS LAT ATC PES on 2023-02-01 02:49:25

Comments:

Professional Credentials: State of Professional Practice:

8. Name: Sarah Robinson on 2023-02-01 02:50:08

Comments:

Professional Credentials: State of Professional Practice:

9. Name: Zac Womack on 2023-02-01 03:17:36

Comments:

Professional Credentials: State of Professional Practice:

10. Name: Jeremy Musser on 2023-02-01 05:41:40

Comments:

Professional Credentials: State of Professional Practice:

11. Name: Aaron Gill ATC on 2023-02-01 06:44:21

Comments:

Professional Credentials: State of Professional Practice:

12. Name: Elizabeth Jones on 2023-02-01 10:56:37

Comments:

Professional Credentials: State of Professional Practice:

13. Name: John Ryan on 2023-02-01 11:24:56

Comments: I support an Athletic Trainers being able to Perron dry needling. Athletic

Trainers have the knowledge and expertise to do so.

Professional Credentials: State of Professional Practice:

14. Name: Brandon Harthan on 2023-02-01 11:28:29

Comments:

Professional Credentials: State of Professional Practice:

15. Name: Marc Isenstadt on 2023-02-01 11:33:23

Comments:

Professional Credentials: State of Professional Practice:

16. Name: Brian Perez on 2023-02-01 12:08:15

Comments:

**Professional Credentials:** 

State of Professional Practice:

17. Name: Eric Rogers on 2023-02-01 12:47:44

Comments:

**Professional Credentials:** 

State of Professional Practice:

18. Name: Steve Kinsey on 2023-02-01 13:04:40

Comments:

**Professional Credentials:** 

State of Professional Practice:

19. Name: Erin Madden on 2023-02-01 14:00:06

Comments:

**Professional Credentials:** 

State of Professional Practice:

20. Name: Jessica Pearson on 2023-02-01 16:34:31

Comments:

**Professional Credentials:** 

State of Professional Practice:

21. Name: Nancy C Burke on 2023-02-01 19:07:54

Comments: Providing care to police officers I found dry needling very helpful in keeping

officers on the job at no risk to themselves or others.

**Professional Credentials:** 

State of Professional Practice:

22. Name: Lucas Dargo on 2023-02-01 19:33:53

Comments:

**Professional Credentials:** 

State of Professional Practice:

23. Name: Bart C Peterson on 2023-02-01 21:35:20

Comments: The standard of care in athletic training is dry needling. Please allow the

athletic trainers in Maryland to dry needle for the benefit of their patients.

**Professional Credentials:** 

State of Professional Practice:

24. Name: Steve Womack on 2023-02-01 23:49:48

Comments: A skilled which seamlessly translates to athletic trainers.

**Professional Credentials:** 

State of Professional Practice:

25. Name: Jena R Suffel on 2023-02-02 00:30:13

Comments:

**Professional Credentials:** 

State of Professional Practice:

26. Name: Traci tauferner on 2023-02-02 02:58:02

Comments:

Professional Credentials: Lat

State of Professional Practice: Wisconsin

27. Name: Erin Long on 2023-02-02 03:00:23

Comments: Please support!! Professional Credentials: ATC

State of Professional Practice: Maryland

28. Name: Victoria Merritt on 2023-02-02 11:34:51

Comments:

Professional Credentials: LAT, ATC State of Professional Practice: Alabama

29. Name: Michael Martinez on 2023-02-02 18:55:16

Comments:

Professional Credentials: MS, LAT, ATC State of Professional Practice: Indiana

30. Name: Christopher F Padilla on 2023-02-02 20:08:13

Comments:

Professional Credentials: ATC, LAT State of Professional Practice: Arizona

31. Name: Kendall Goldberg on 2023-02-02 20:41:18

Comments:

Professional Credentials: LAT, ATC State of Professional Practice: Texas

32. Name: Brian Conway on 2023-02-02 21:32:42

Comments:

Professional Credentials: LAT; ATC State of Professional Practice: Kansas

33. Name: Kevin Morley on 2023-02-02 23:51:12

Comments:

Professional Credentials: DAT, ATC State of Professional Practice: Tennessee

34. Name: Amy Aggelou on 2023-02-03 10:10:03

Comments:

Professional Credentials: PhD, LAT, ATC State of Professional Practice: Pennsylvania

35. Name: Edward Strapp on 2023-02-03 17:20:07

Comments:

Professional Credentials: NRP, ATC, LAT State of Professional Practice: Maryland

36. Name: Zachery Richards on 2023-02-03 18:33:01

Comments:

**Professional Credentials: ATC** 

State of Professional Practice: South Carolina

37. Name: Kelsey Reilly on 2023-02-03 23:07:34

Comments:

Professional Credentials: MS, LAT, ATC State of Professional Practice: North Carolina

38. Name: Jeff konin on 2023-02-03 23:15:07

Comments: As a duly credentialed healthcare provider - athletic trainer and physical therapist, I support this legislation and quite frankly could not understand for the life of me why we wouldnt want our athletic trainers who are more than capable and qualified to use a proven effective technique that has shown to have minimal adverse reactions

Professional Credentials: Physical Therapist. Athletic Trainer

State of Professional Practice: Florida

39. Name: Amy Magladry on 2023-02-04 04:29:50

Comments: I support Athletic Trainers preforming dry needling

Professional Credentials: MEd,LAT,ATC State of Professional Practice: Maryland

40. Name: Dr Eric J Fuchs ATC AEMT CIDN SMTC on 2023-02-04 22:16:34

Comments: I support Dry Needling for Athletic Trainers as an AT who is certified in dry needling I can when traveling with my teams to your state but my colleagues in Maryland

may not. again this is within the scope for an AT

Professional Credentials: DA ATC AEMT CIDN SMTC

State of Professional Practice: Kentucky

41. Name: Peter Kotz on 2023-02-05 15:48:51

Comments:

Professional Credentials: MS, ATC, LAT, CES, WFR

State of Professional Practice: Maryland

42. Name: Danielle Hall on 2023-02-05 18:03:41

Comments:

Professional Credentials: ATC, LAT State of Professional Practice: Georgia

43. Name: Jennifer Sturtevant on 2023-02-05 23:52:59

Comments:

Professional Credentials: LAT, ATC

State of Professional Practice: Massachusetts

44. Name: Natalie Miller on 2023-02-06 02:12:33

Comments:

Professional Credentials: MS, LAT, ATC State of Professional Practice: Pennsylvania

45. Name: Caroline Siebens on 2023-02-06 12:17:42

Comments: Let ATs dry needle

Professional Credentials: DAT, LAT, ATC, CSCS

State of Professional Practice: Maryland

46. Name: Karla Schoenly on 2023-02-06 12:18:58

Comments:

Professional Credentials: MS, LAT, ATC State of Professional Practice: Maryland

47. Name: Rebekah M on 2023-02-06 12:19:33

Comments:

**Professional Credentials: ATC** 

State of Professional Practice: Maryland

48. Name: Kevin Domboski on 2023-02-06 12:51:21

Comments: Associate Head Athletic Trainer, Baltimore Ravens

Professional Credentials: LAT, ATC State of Professional Practice: Maryland

49. Name: Emily Hildebrand on 2023-02-06 13:55:30

Comments: Our athletic training students learn about this effective, evidence based treatment option but are then left frustrated when they also learn it's not a certification they can pursue when they want to stay and work in Maryland post graduation. As an AT educator and program director at Towson University, it's critical our students have the same opportunities as other accredited programs. Please support this bill!

Professional Credentials: PhD, LAT, ATC State of Professional Practice: Maryland

50. Name: Ryan Conover on 2023-02-06 13:59:08

Comments:

Professional Credentials: ATS

State of Professional Practice: Maryland

51. Name: Omar Perez on 2023-02-06 13:59:55

Comments:

Professional Credentials: student

State of Professional Practice: Maryland

52. Name: Sara Crawford on 2023-02-06 14:02:35

Comments:

Professional Credentials: MSAT Student State of Professional Practice: Maryland

53. Name: Joseph D Ritchie on 2023-02-06 14:23:13

Comments:

Professional Credentials: LAT, PTA State of Professional Practice: Maryland

54. Name: Rebecca Perry on 2023-02-06 14:23:13

Comments:

Professional Credentials: Student

State of Professional Practice: Maryland

55. Name: Michael Walker on 2023-02-06 14:53:51

Comments: I live in the state of Maryland and support SB 232/HB 172- LICENSED ATHLETIC TRAINERS- DRY NEEDLING APPROVAL because Athletic Trainers (not personal trainers) are educated in the use of many therapuetic interventions, including

Dry Needling. Thank you for your help. Professional Credentials: MEd, ATC, CSCS

State of Professional Practice: District of Columbia

56. Name: Joanne Klossner on 2023-02-06 15:20:27

Comments: Athletic Trainers are licensed and certified health care professionals who are highly educated in the use of many therapeutic interventions. Over 28 statues currently permit athletic trainers to use dry needling in the therapeutic treatment of their patients. I fully support legislation to allow licensed athletic trainers in the state of MD to utilize dry needling in their practice after obtaining appropriate training and certification. It is critical that the state of MD stays current with best practices and allows licensed athletic trainers to practice dry needling as an effective treatment option. Please support this bill!

Professional Credentials: PhD, LAT, ATC State of Professional Practice: Maryland