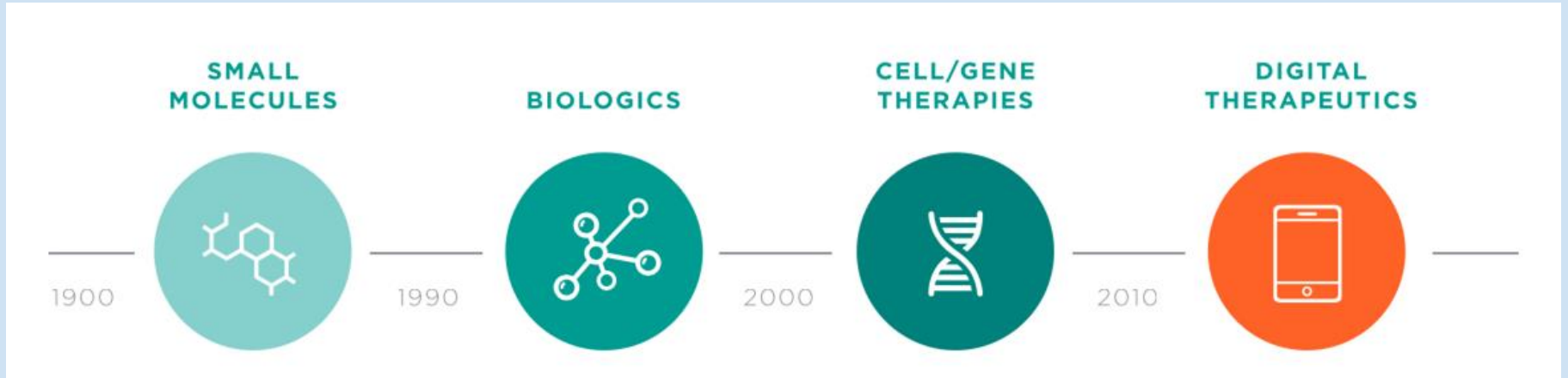


# **SB441: Maryland Medical Assistance Program – Prescription Digital Therapeutics**

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Senator Clarence Lam, District 12

# The Evolution of Medical Therapy



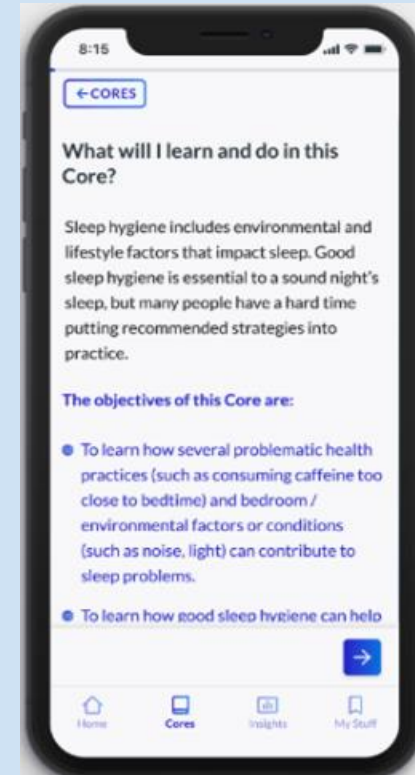
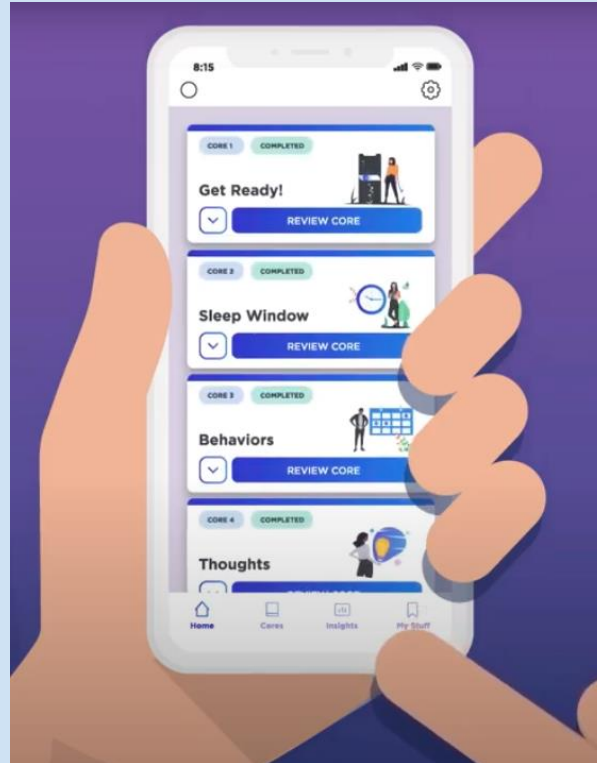
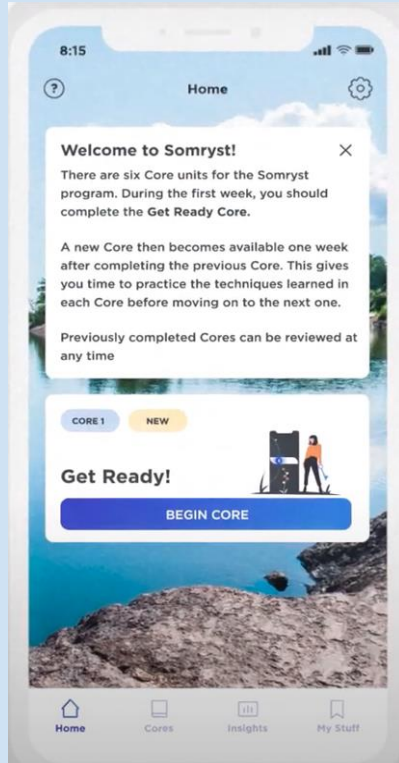
# Digital Therapeutics Criteria

Prescription Digital Therapeutics, or PDTs, are a new therapeutic class.

Similar to traditional biologics or drugs, PDTs:

- Directly treat serious diseases
- Are built under current Good Manufacturing Practices
- Demonstrate safety and efficacy in randomized clinical trials
- Receive labeled claims from the FDA
- Are used by physician prescription

# Somryst - For Chronic Insomnia in Adults



# Welldoc - For Diabetes, Hypertension, and Heart Failure

For the Patient

For the Provider

**Weekly Challenge**

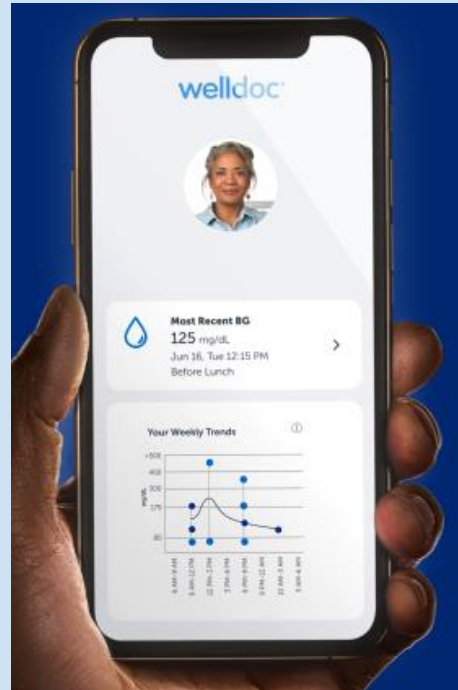
- ✓ 150 min of activity
- ✓ Add 1 weight entry
- ✓ Add meal everyday

30%

[View more](#)

**Did you take your bedtime meds?**

Record them now!



Patient has pattern of high blood glucose entries in the morning.

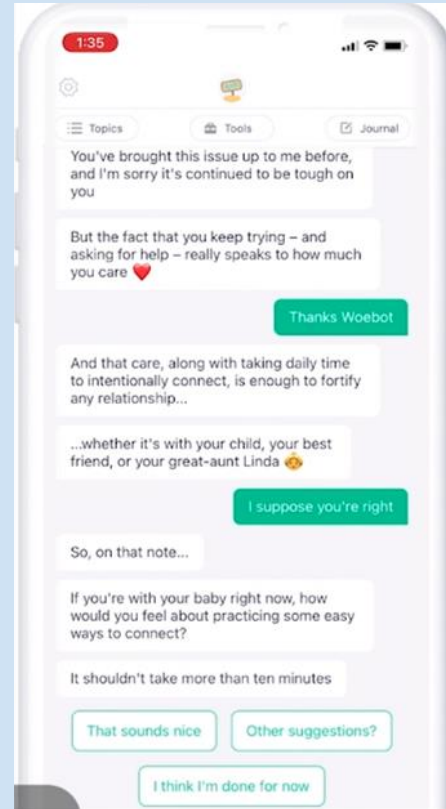
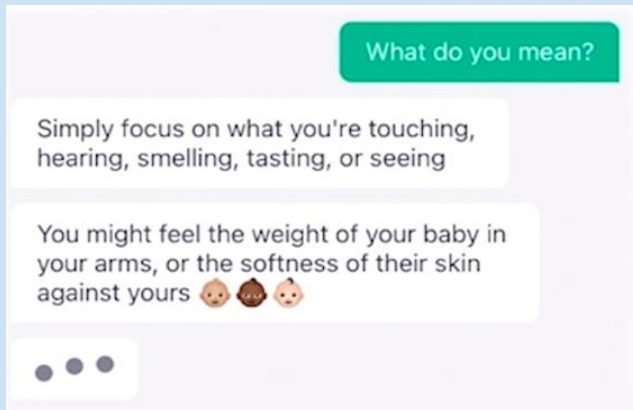
**90 Day Blood Glucose Summary ( Feb 25 - May 25, 2021 )**

Feb 25 - May 25  
Avg BG (mg/dL): 128

10% High (181-250 mg/dL)
89% In Target (70-180 mg/dL)
1% Low (54-69 mg/dL)

# Woebot - For Adolescent Depression and Postpartum Depression

A natural conversation powered by AI that meaningfully engages



# MedRhythms - For Stroke, Multiple Sclerosis, and Parkinson's

