

House Health and Government Operations Committee HB 1148: Behavioral Health Care – Treatment and Access (Behavioral Health Model for Maryland) February 28, 2023 Position: Support with Amendments

The Maryland Developmental Disabilities Coalition (DD Coalition) is comprised of five statewide organizations that are committed to improving the opportunities and outcomes for Marylanders with intellectual and developmental disabilities (IDD).

There are few services in place for people with IDD and their families to address behavioral health care before a crisis. People with IDD experience co-occurring behavioral health challenges at a higher rate than the general population, yet experience significantly more barriers to access and treatment. In fact, families report that it is extremely difficult to find a mental health professional to treat their loved one with an intellectual or developmental disability.

We appreciate the focus on access to behavioral health care HB 1148 provides, and the acknowledgement of people with IDD through representation of the Maryland Developmental Disabilities Coalition and Disability Rights Maryland on the Commission on Behavioral Health Care Treatment and Access. To further address the needs of people who experience co-occurring disabilities, we strongly recommend additional amendments to ensure people with IDD and their families get the services and supports they need.

Page 5, after line 3:

 ADD: (XX) ONE INDIVIDUAL WITH AN INTELLECTUAL OR DEVELOPMENTAL DISABILITY WITH EXPERIENCE AS A CONSUMER OF BEHAVIORAL HEALTH SERVICES

## ADD: (XXI) ONE FAMILY MEMBER OF AN INDIVIDUAL WITH AN INTELLECTUAL OR DEVELOPMENTAL DISABILTY WITH EXPERIENCE AS A CONSUMER OF BEHAVIORAL HEALTH SERVICES

Page 7, after line 10

ADD: (5) PEOPLE WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

A specific workgroup should focus on the specific barriers to behavioral health care for people with IDD and make recommendations about how to increase communitybased treatment options, wrap around supports, and crisis prevention; how the Developmental Disabilities Administration and Behavioral Health Administration can work together to better support people; and address other barriers to treatment, including training.

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