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# Support Dry Needling in Maryland

About this petition

Dear Chair, Vice-Chair, and Members of the Committee:

I am writing in Support of SB 232/HB 172- LICENSED ATHLETIC TRAINERS- DRY NEEDLING APPROVAL.

Athletic Training encompasses the prevention, diagnosis and intervention of emergency, acute and chronic medical conditions involving impairment, functional limitations, and disabilities.

Athletic Trainers are licensed and board certified health care professionals with, at minimum, a bachelor's degree in athletic training from an accredited institution. More than 70% of the profession has a master's degree or higher level of education, and the profession now requires a master's level degree for entry.

Dry Needling is a modality used when hands and fingers are unable to palpate all of a soft tissue, especially deeper layers of muscles.

Maryland COMAR 10.38.12.02 defines Dry Needling as an intramuscular manual therapy that involves the insertion of one or more solid needles, a mechanical device, into the muscle and related tissues to affect change in muscle and related tissues; Deactivation of the trigger points and related tissue can bring immediate relief of symptoms, which cannot be obtained by any other treatment.

Maryland COMAR already has language differentiating between Acupuncture and Dry Needling.

Qualified athletic trainers in 28 other states and the District of Columbia are allowed to use this skill on their athletes. The skill of Dry Needling is one that is shared with other medical professionals such as physical therapists, chiropractors, and physicians. With appropriate training, athletic trainers are very well prepared to administer dry needling treatments. Most courses last over a four-day span which involve over 25 hours of coursework and hands on practice which included other health professionals like physical therapists and chiropractors.

Currently, athletic trainers are unable to use dry needling as a course of treatment for their patients because it is not included in the MD Practice Act. As a result, many Athletic Trainers, including in the university settings, are hindered in their ability to provide a high standard of care to their current student-athletes. This places Maryland athletes at a disadvantage because they cannot otherwise receive dry needling in a manner that easily accommodates their already demanding class and practice schedules. Passing this bill would allow certain Athletic Trainers the ability to administer dry needling to their patients, which many may have done in another state before coming to Maryland.

Additionally, Athletic Trainers who work for national governing bodies and US Olympic teams are guided by their home state practice act. So limiting dry needling from Athletic Trainers licensed in Maryland will also have a potential international impact and could limit local Athletic Trainers from being selected as Health Care Providers supporting these athletes.

For these reasons, I respectfully request a favorable vote on both HB 172 and SB 232.

Sincerely,

## Signatures

1. Name: Michael Van Bruggen on 2023-02-01 01:33:32  
Comments:  
Professional Credentials:  
State of Professional Practice:

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2. Name: Mike Hopper on 2023-02-01 01:33:40  
Comments:  
Professional Credentials:  
State of Professional Practice:

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3. Name: Josh Beard on 2023-02-01 01:33:58  
Comments: This is an incredibly effective modality that all athletic trainers and their patients should have access to if appropriately trained.  
Professional Credentials:  
State of Professional Practice:

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4. Name: Daniel Givens on 2023-02-01 01:35:50  
Comments:  
Professional Credentials:  
State of Professional Practice:

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5. Name: Ted Hirschfeld on 2023-02-01 01:49:20  
Comments:  
Professional Credentials:  
State of Professional Practice:

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6. Name: Scott Bradley Swope on 2023-02-01 02:42:30  
Comments:  
Professional Credentials:  
State of Professional Practice:

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7. Name: Kristen Streeter MS LAT ATC PES on 2023-02-01 02:49:25  
Comments:  
Professional Credentials:  
State of Professional Practice:

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8. Name: Sarah Robinson on 2023-02-01 02:50:08  
Comments:  
Professional Credentials:  
State of Professional Practice:

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9. Name: Zac Womack on 2023-02-01 03:17:36  
Comments:

Professional Credentials:  
State of Professional Practice:

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10. Name: Jeremy Musser on 2023-02-01 05:41:40  
Comments:  
Professional Credentials:  
State of Professional Practice:

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11. Name: Aaron Gill ATC on 2023-02-01 06:44:21  
Comments:  
Professional Credentials:  
State of Professional Practice:

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12. Name: Elizabeth Jones on 2023-02-01 10:56:37  
Comments:  
Professional Credentials:  
State of Professional Practice:

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13. Name: John Ryan on 2023-02-01 11:24:56  
Comments: I support an Athletic Trainers being able to Perron dry needling. Athletic Trainers have the knowledge and expertise to do so.  
Professional Credentials:  
State of Professional Practice:

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14. Name: Brandon Harthan on 2023-02-01 11:28:29  
Comments:  
Professional Credentials:  
State of Professional Practice:

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15. Name: Marc Isenstadt on 2023-02-01 11:33:23  
Comments:  
Professional Credentials:  
State of Professional Practice:

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16. Name: Brian Perez on 2023-02-01 12:08:15  
Comments:  
Professional Credentials:  
State of Professional Practice:

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17. Name: Eric Rogers on 2023-02-01 12:47:44  
Comments:  
Professional Credentials:  
State of Professional Practice:

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18. Name: Steve Kinsey on 2023-02-01 13:04:40

Comments:  
Professional Credentials:  
State of Professional Practice:

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19. Name: Erin Madden on 2023-02-01 14:00:06  
Comments:  
Professional Credentials:  
State of Professional Practice:

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20. Name: Jessica Pearson on 2023-02-01 16:34:31  
Comments:  
Professional Credentials:  
State of Professional Practice:

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21. Name: Nancy C Burke on 2023-02-01 19:07:54  
Comments: Providing care to police officers I found dry needling very helpful in keeping officers on the job at no risk to themselves or others.  
Professional Credentials:  
State of Professional Practice:

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22. Name: Lucas Dargo on 2023-02-01 19:33:53  
Comments:  
Professional Credentials:  
State of Professional Practice:

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23. Name: Bart C Peterson on 2023-02-01 21:35:20  
Comments: The standard of care in athletic training is dry needling. Please allow the athletic trainers in Maryland to dry needle for the benefit of their patients.  
Professional Credentials:  
State of Professional Practice:

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24. Name: Steve Womack on 2023-02-01 23:49:48  
Comments: A skilled which seamlessly translates to athletic trainers.  
Professional Credentials:  
State of Professional Practice:

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25. Name: Jena R Suffel on 2023-02-02 00:30:13  
Comments:  
Professional Credentials:  
State of Professional Practice:

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26. Name: Traci tauferner on 2023-02-02 02:58:02  
Comments:  
Professional Credentials: Lat  
State of Professional Practice: Wisconsin

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27. Name: Erin Long on 2023-02-02 03:00:23  
Comments: Please support!!  
Professional Credentials: ATC  
State of Professional Practice: Maryland
- 
28. Name: Victoria Merritt on 2023-02-02 11:34:51  
Comments:  
Professional Credentials: LAT, ATC  
State of Professional Practice: Alabama
- 
29. Name: Michael Martinez on 2023-02-02 18:55:16  
Comments:  
Professional Credentials: MS, LAT, ATC  
State of Professional Practice: Indiana
- 
30. Name: Christopher F Padilla on 2023-02-02 20:08:13  
Comments:  
Professional Credentials: ATC, LAT  
State of Professional Practice: Arizona
- 
31. Name: Kendall Goldberg on 2023-02-02 20:41:18  
Comments:  
Professional Credentials: LAT, ATC  
State of Professional Practice: Texas
- 
32. Name: Brian Conway on 2023-02-02 21:32:42  
Comments:  
Professional Credentials: LAT; ATC  
State of Professional Practice: Kansas
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33. Name: Kevin Morley on 2023-02-02 23:51:12  
Comments:  
Professional Credentials: DAT, ATC  
State of Professional Practice: Tennessee
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34. Name: Amy Aggelou on 2023-02-03 10:10:03  
Comments:  
Professional Credentials: PhD, LAT, ATC  
State of Professional Practice: Pennsylvania
- 
35. Name: Edward Strapp on 2023-02-03 17:20:07  
Comments:  
Professional Credentials: NRP, ATC, LAT  
State of Professional Practice: Maryland

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36. Name: Zachery Richards on 2023-02-03 18:33:01  
Comments:  
Professional Credentials: ATC  
State of Professional Practice: South Carolina
- 
37. Name: Kelsey Reilly on 2023-02-03 23:07:34  
Comments:  
Professional Credentials: MS, LAT, ATC  
State of Professional Practice: North Carolina
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38. Name: Jeff konin on 2023-02-03 23:15:07  
Comments: As a duly credentialed healthcare provider - athletic trainer and physical therapist, I support this legislation and quite frankly could not understand for the life of me why we wouldnt want our athletic trainers who are more than capable and qualified to use a proven effective technique that has shown to have minimal adverse reactions  
Professional Credentials: Physical Therapist. Athletic Trainer  
State of Professional Practice: Florida
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39. Name: Amy Magladry on 2023-02-04 04:29:50  
Comments: I support Athletic Trainers preforming dry needling  
Professional Credentials: MEd,LAT,ATC  
State of Professional Practice: Maryland
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40. Name: Dr Eric J Fuchs ATC AEMT CIDN SMTC on 2023-02-04 22:16:34  
Comments: I support Dry Needling for Athletic Trainers as an AT who is certified in dry needling I can when traveling with my teams to your state but my colleagues in Maryland may not. again this is within the scope for an AT  
Professional Credentials: DA ATC AEMT CIDN SMTC  
State of Professional Practice: Kentucky
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41. Name: Peter Kotz on 2023-02-05 15:48:51  
Comments:  
Professional Credentials: MS, ATC, LAT, CES, WFR  
State of Professional Practice: Maryland
- 
42. Name: Danielle Hall on 2023-02-05 18:03:41  
Comments:  
Professional Credentials: ATC, LAT  
State of Professional Practice: Georgia
- 
43. Name: Jennifer Sturtevant on 2023-02-05 23:52:59  
Comments:  
Professional Credentials: LAT, ATC  
State of Professional Practice: Massachusetts



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44. Name: Natalie Miller on 2023-02-06 02:12:33  
Comments:  
Professional Credentials: MS, LAT, ATC  
State of Professional Practice: Pennsylvania
- 
45. Name: Caroline Siebens on 2023-02-06 12:17:42  
Comments: Let ATs dry needle  
Professional Credentials: DAT, LAT, ATC, CSCS  
State of Professional Practice: Maryland
- 
46. Name: Karla Schoenly on 2023-02-06 12:18:58  
Comments:  
Professional Credentials: MS, LAT, ATC  
State of Professional Practice: Maryland
- 
47. Name: Rebekah M on 2023-02-06 12:19:33  
Comments:  
Professional Credentials: ATC  
State of Professional Practice: Maryland
- 
48. Name: Kevin Domboski on 2023-02-06 12:51:21  
Comments: Associate Head Athletic Trainer, Baltimore Ravens  
Professional Credentials: LAT, ATC  
State of Professional Practice: Maryland
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49. Name: Emily Hildebrand on 2023-02-06 13:55:30  
Comments: Our athletic training students learn about this effective, evidence based treatment option but are then left frustrated when they also learn it's not a certification they can pursue when they want to stay and work in Maryland post graduation. As an AT educator and program director at Towson University, it's critical our students have the same opportunities as other accredited programs. Please support this bill!  
Professional Credentials: PhD, LAT, ATC  
State of Professional Practice: Maryland
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50. Name: Ryan Conover on 2023-02-06 13:59:08  
Comments:  
Professional Credentials: ATS  
State of Professional Practice: Maryland
- 
51. Name: Omar Perez on 2023-02-06 13:59:55  
Comments:  
Professional Credentials: student  
State of Professional Practice: Maryland
-

52. Name: Sara Crawford on 2023-02-06 14:02:35  
Comments:  
Professional Credentials: MSAT Student  
State of Professional Practice: Maryland
- 
53. Name: Joseph D Ritchie on 2023-02-06 14:23:13  
Comments:  
Professional Credentials: LAT, PTA  
State of Professional Practice: Maryland
- 
54. Name: Rebecca Perry on 2023-02-06 14:23:13  
Comments:  
Professional Credentials: Student  
State of Professional Practice: Maryland
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55. Name: Michael Walker on 2023-02-06 14:53:51  
Comments: I live in the state of Maryland and support SB 232/HB 172- LICENSED ATHLETIC TRAINERS- DRY NEEDLING APPROVAL because Athletic Trainers (not personal trainers) are educated in the use of many therapeutic interventions, including Dry Needling. Thank you for your help.  
Professional Credentials: MEd, ATC, CSCS  
State of Professional Practice: District of Columbia
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56. Name: Joanne Klossner on 2023-02-06 15:20:27  
Comments: Athletic Trainers are licensed and certified health care professionals who are highly educated in the use of many therapeutic interventions. Over 28 states currently permit athletic trainers to use dry needling in the therapeutic treatment of their patients. I fully support legislation to allow licensed athletic trainers in the state of MD to utilize dry needling in their practice after obtaining appropriate training and certification. It is critical that the state of MD stays current with best practices and allows licensed athletic trainers to practice dry needling as an effective treatment option. Please support this bill!  
Professional Credentials: PhD, LAT, ATC  
State of Professional Practice: Maryland
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57. Name: Samantha Manner on 2023-02-06 15:27:50  
Comments:  
Professional Credentials: PMP  
State of Professional Practice: Maryland
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58. Name: Sally Mays on 2023-02-06 15:29:02  
Comments:  
Professional Credentials: LAT, ATC, CSCS  
State of Professional Practice: North Carolina
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59. Name: Veronica Ampey on 2023-02-06 15:43:26  
Comments:

60. Name: Brian Simerville on 2023-02-06 15:51:56  
Comments:  
Professional Credentials: ATC  
State of Professional Practice: Maryland
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61. Name: Samuel Thompson Jr on 2023-02-06 15:57:27  
Comments:  
Professional Credentials: LAT, ATC  
State of Professional Practice: Maryland
- 
62. Name: Ray Davis Jr on 2023-02-06 16:17:24  
Comments: I support this initiative for all ATs in MD  
Professional Credentials: MSS, LAT, ATC  
State of Professional Practice: North Carolina
- 
63. Name: Rachel Knicley on 2023-02-06 16:21:04  
Comments:  
Professional Credentials: MSAT Candidate  
State of Professional Practice: Maryland
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64. Name: Stephanie Guzzo on 2023-02-06 16:32:34  
Comments:  
Professional Credentials: MS, LAT, ATC, BCN  
State of Professional Practice: Maryland
- 
65. Name: Noah Patrick on 2023-02-06 16:32:35  
Comments:  
Professional Credentials: Athletic training student  
State of Professional Practice: Maryland
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66. Name: Kina Monay Ingram on 2023-02-06 16:56:45  
Comments:  
Professional Credentials: ATS  
State of Professional Practice: Maryland
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67. Name: Maura Gaffney on 2023-02-06 16:57:07  
Comments:  
Professional Credentials: LAT,ATC  
State of Professional Practice: North Carolina
- 
68. Name: Eric Bornholdt on 2023-02-06 17:02:41  
Comments:

69. Name: Meghan Sullivan on 2023-02-06 17:03:33  
Comments:  
Professional Credentials: ATC  
State of Professional Practice: Maryland

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70. Name: Kimberly Holt on 2023-02-06 17:13:26  
Comments:  
Professional Credentials: MEd, LAT, ATC  
State of Professional Practice: Maryland

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71. Name: Michele Dell-Pruett on 2023-02-06 17:21:27  
Comments: With proper education/coursework and certification....this is a no brainer.  
Thanks for your consideration...  
Professional Credentials: PhD, LAT, ATC  
State of Professional Practice: Maryland

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72. Name: Sarah Molinaro on 2023-02-06 17:35:50  
Comments:  
Professional Credentials: LAT, ATC  
State of Professional Practice: Maryland

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73. Name: Samantha Schuh on 2023-02-06 17:51:19  
Comments:  
Professional Credentials: ATC  
State of Professional Practice: Maryland

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74. Name: Janay Ward on 2023-02-06 17:51:52  
Comments:  
Professional Credentials: Athletic Training Student  
State of Professional Practice: Maryland

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75. Name: Andrew Fitzgerald on 2023-02-06 17:53:38  
Comments:  
Professional Credentials: ATS  
State of Professional Practice: Maryland

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76. Name: Jennifer Wilmes on 2023-02-06 18:07:50  
Comments:  
Professional Credentials: MS, LAT, ATC  
State of Professional Practice: Maryland

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77. Name: Shawn T on 2023-02-06 18:16:14

Comments:  
Professional Credentials: M.Ed.  
State of Professional Practice: Maryland

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78. Name: Alyssa Schick on 2023-02-06 18:16:18  
Comments:  
Professional Credentials: BS - Spanish Language Education; MA - Intercultural Communication, MDSE APC Teacher Certification  
State of Professional Practice: Maryland

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79. Name: Mayowa Aribisala on 2023-02-06 18:16:54  
Comments:  
Professional Credentials: ATC, LAT  
State of Professional Practice: Maryland

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80. Name: Tyler Faulkner on 2023-02-06 18:18:59  
Comments:  
Professional Credentials: LAT, ATC, CES, FMCS  
State of Professional Practice: Maryland

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81. Name: Joseph Schuberth on 2023-02-06 18:22:18  
Comments:  
Professional Credentials: MBA  
State of Professional Practice: Maryland

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82. Name: Matt An on 2023-02-06 18:26:37  
Comments:  
Professional Credentials: ATC, LAT, FMSC  
State of Professional Practice: Maryland

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83. Name: Angelica Alicea on 2023-02-06 18:28:57  
Comments: As a masters student graduating in 2024 I would like to be able to administer dry needling in my treatments with my future patients.  
Professional Credentials: AT master's student  
State of Professional Practice: Maryland

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84. Name: Kraig Loovis on 2023-02-06 18:29:36  
Comments:  
Professional Credentials: CAA  
State of Professional Practice: Maryland

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85. Name: Cara Joyce on 2023-02-06 18:32:44  
Comments:  
Professional Credentials: Master Degree  
State of Professional Practice: Maryland

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86. Name: Damon Young on 2023-02-06 18:32:57  
Comments: Dry needling would be very beneficial to all ATs across MD. I support this bill.  
Professional Credentials: LAT, ATC  
State of Professional Practice: Maryland
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87. Name: Rickee Yates on 2023-02-06 18:33:27  
Comments: I will be graduating in 2024 and I would love to add dry needling to my curriculum to further my education and add another factor that could possibly help me advertise myself better as a future athletic trainer/clinician.  
Professional Credentials: Student Athletic Trainer  
State of Professional Practice: Maryland
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88. Name: Jennifer Garofalo on 2023-02-06 18:34:32  
Comments:  
Professional Credentials: LATC  
State of Professional Practice: Illinois
- 
89. Name: Cassandra Hastings on 2023-02-06 18:38:32  
Comments:  
Professional Credentials: ATC  
State of Professional Practice: Maryland
- 
90. Name: Neely McGinty on 2023-02-06 18:38:50  
Comments:  
Professional Credentials: Athletic Training Student  
State of Professional Practice: Maryland
- 
91. Name: Kurrel Fabian on 2023-02-06 18:44:00  
Comments:  
Professional Credentials: DAT ATC LAT CSCS  
State of Professional Practice: Wisconsin
- 
92. Name: Mary Tovornik on 2023-02-06 18:45:10  
Comments: Salisbury University  
Professional Credentials: MA, LAT, ATC  
State of Professional Practice: Maryland
- 
93. Name: Brian Murphy on 2023-02-06 18:46:07  
Comments:  
Professional Credentials: M.S.  
State of Professional Practice: Maryland
- 
94. Name: Angela Palmeri on 2023-02-06 18:56:11  
Comments: Please support MD athletic trainers in this initiative!

Professional Credentials: MS, LAT, ATC, CES  
State of Professional Practice: Maryland

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95. Name: Valentin Porter-Green on 2023-02-06 18:59:12  
Comments:  
Professional Credentials: LAT, ATC, FMS  
State of Professional Practice: Maryland

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96. Name: Brion Townshend on 2023-02-06 19:08:16  
Comments: I am in full support of SB 232/HB 172- LICENSED ATHLETIC TRAINERS-  
DRY NEEDLING APPROVAL  
Professional Credentials: Program Director  
State of Professional Practice: Maryland

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97. Name: Katie Brennan on 2023-02-06 19:31:48  
Comments:  
Professional Credentials: BA  
State of Professional Practice: Maryland

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98. Name: James Lee on 2023-02-06 19:42:57  
Comments:  
Professional Credentials: ATC, LAT  
State of Professional Practice: Maryland

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99. Name: Bruce Magladry on 2023-02-06 21:44:46  
Comments: While I am not an athletic trainer, I am knowledgeable on this issue and  
support athletic trainers dry needling.  
Professional Credentials: None  
State of Professional Practice: Maryland

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100. Name: Judy Magladry on 2023-02-06 21:56:41  
Comments: I support athletic trainers doing dry needling.  
Professional Credentials: None  
State of Professional Practice: Maryland

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101. Name: Jay Dillon on 2023-02-07 00:00:15  
Comments:  
Professional Credentials: MS,LAT,ATC,CSCS  
State of Professional Practice: North Carolina

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102. Name: Kendall on 2023-02-07 00:36:07  
Comments:  
Professional Credentials: ATS  
State of Professional Practice: Maryland

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103. Name: Michael Stromberg on 2023-02-07 00:46:29  
Comments:  
Professional Credentials: Educator  
State of Professional Practice: Maryland
- 
104. Name: Emily meyerl on 2023-02-07 01:26:45  
Comments: ATs are incredibly capable, responsible medical professionals who could benefit their patients by getting this bill passed!  
Professional Credentials: MS, LAT, ATC  
State of Professional Practice: Tennessee
- 
105. Name: Wes Robinson on 2023-02-07 02:58:23  
Comments:  
Professional Credentials: ATC PT  
State of Professional Practice: Maryland
- 
106. Name: Amy E Mager on 2023-02-07 12:50:09  
Comments: It is imperative for any scope of practice regulation change that there be both demonstrated need as well as clear and defined standards of practice for education, verification and continuing education. It is vital that we look at standards of practice: if medical doctors need to have at least 300 hours of training to become a part of the American Academy of medical acupuncture, and pass a third-party national exam, it is vital that any allied health professionals have more hours than an MD, who already has experience with needles And have to pass a third-party national psychometric exam to demonstrate competency in the ability not to harm.  
Professional Credentials: DACM, L.Ac., Dipl.OM (NCCAOM), FABORM, CLC  
State of Professional Practice: Massachusetts
- 
107. Name: Michael Hartlaub on 2023-02-07 12:56:42  
Comments: I am concerned about the safety of the clients of athletic trainers with inadequate training inserting needles. This is a very bad idea!  
Professional Credentials: Licensed Acupuncturist  
State of Professional Practice: Ohio
- 
108. Name: George Andrews on 2023-02-07 23:18:59  
Comments: I have a family member who treats in another state with dry Needling and I have family members who have received excellent results from this treatment.  
Professional Credentials: President Mount St. Joseph H.S.  
State of Professional Practice: Maryland
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109. Name: Gina Palermo on 2023-02-08 02:19:09  
Comments:  
Professional Credentials: ATC LMT SPTA  
State of Professional Practice: Maryland
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110. Name: Megan McGregor on 2023-02-09 12:36:09



Comments:  
Professional Credentials: Athletic Trainer  
State of Professional Practice: Indiana

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111. Name: Kimberly Peer on 2023-02-09 16:15:02  
Comments:  
Professional Credentials: EdD, ATC, FNATA  
State of Professional Practice: Ohio

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