



Sullivan Acupuncture
495 N Riverside Drive
Ste 105
Gurnee, IL 60031

February 13, 2023

Dear House and Government Committee,

I am a Licensed Acupuncturist and am writing to oppose HB0172 on the grounds of public safety. Dry Needling is a form of acupuncture that involves inserting invasively needles into the body and manipulating those needles into structures to release trigger points and muscle tension. In order to do this, the practitioner NEEDS to know proper depth, placement and manipulation into tissue without causing damage to internal organs. Licensed Acupuncturists are required in most states to take 2700 hours of practicum and clinical instruction on top of three national boards including clean needle technique, internal depth and needling technique and proper safety/disposal of needles. There has been a big push by the Physical Therapists and Athletic Trainers to perform acupuncture (AKA dry needling) with limited education of as little as 80 hours. Because of this, the states that do not properly regulate dry needling have seen an increase in pneumothorax (lung punctures), kidney punctures and artery punctures. Please vote no to HB0172. Thank you for your time and consideration.

Sincerely,

Heather Sullivan
L.Ac, DACM, BA-Nutrition/Biology
www.sullivanacupuncture.com
224-440-7373
heather@sullivanacupuncture.com