My name is Julia Marks and I am an injured nurse who took the Moderna vaccine 25 months ago (Jan/Feb2021).

My reaction started the night after my second injection. I developed a severe headache and fever, took Tylenol, and went to bed. I awoke with flu like symptoms: nausea, muscle aches, frequent urination and diarrhea. On day three, when I tried to resume activity, I noticed I had double vision on light emitting devices and my lips were swollen.

I took 50 mg of Benadryl and forced a liter of fluids. I was weak and dizzy but blamed how little I had eaten.

On June 19th, 2021, two of my toes on my left foot went numb. I was very concerned and told my brother that I knew something neurological was happening. I told my husband that if this parastesia continued to move up my leg, I was going to need to get to a neurologist. We were out of the country on a sailboat so I could not easily leave. Then, I started parroting the words and phrases that my husband would say, so if he said, "I thought it was going to rain today, but it has turned out to be beautiful" I would repeat this phrase not knowing that I was doing so.

When I was told that I was doing this. I found it very frightening. I also started choking while eating and drinking.

When I flew back to Florida, I took the earliest appointment available by telehealth. Soon after that appointment, I saw my doctor.

By then, I had a fine tremor in my hands. I still had the double vision. Labs were drawn. MRIs we're done. I was now in a full blown neurological crisis. I reached out to the recommended neurologist and personally knocked on doors of neurologists and asked to self pay but could not get in with any other neurologists.

Finally, my labs came back with Mercury, Arsenic, Cadmium, and Thallium poisoning.

My hair was falling out. My double vision persisted. I showed my results to a community hospital but they refused to call a neurologist or admit me. I went on to the University of Miami and was admitted.

I was tachycardic and hypertensive, which I had never been in my entire life. Before this decline in my health, I was completely healthy without any pre-existing conditions.

University of Miami finally admitted me. The doctor did a lumbar puncture (LP) but they did not run the extensive tests I had requested on my cerebrospinal fluid (CSF). I offered to pay in advance for all of them and begged them not to throw away my CSF after completing the LP.

I was discharged and waited another few months until I could be seen by a neurologist.

Upon seeing her, she reordered a lumbar puncture. She ran all the tests. It showed I had diffuse inflammation in my brain and blood. All herpes virus families were ruled out as a cause of a herpetic neuralgia. Multiple Sclerosis was ruled out by 3 neurologists. Yet, I could trace my peripheral nervous system with a ball point pen. I had electrical impulses that ran up and down my lateral left leg. Every time my elbow or wrist was even gently hit, I felt an electrical shock through my nervous system. My pinky fingers especially would go numb. I had extreme sensitivity to light and sound. I complained that my eyelids were too thin to block out the light and would lie in a dark room with a pillow over my head.

When I could be out of bed, I had severe brain fog and would forget to turn off my car and would find it had run out of gas. It took me weeks to figure out that no one was stealing my gas. I was forgetting to turn the car off. I would walk from room to room forgetting what I had come in there for.

I felt like I was dying. I wrote goodbye letters to my husband. I was ready for my life to end and considered ending it myself. I knew objectively, that I was just feeling trapped with no alternatives. No one knew what was happening to me or how to help me.

For some reason, my primary had withdrawn from trying to help me and believed all my positive tests to be related to anxiety and somatic in origin. I asked my neurologist if this was possible and she assured me, that I had low B12, toxic high levels of B6, heavy metal poisoning, high lymphocytes and neutrophils . All of this would explain and rule out Functional Neurological Disorder. I asked if this was caused by the shot. She said she couldn't know for sure but would advise I not take any more.

I asked if I should take a booster and her reply was, not if I had been through what you have been through.

I went on to ever so slowly, establish a new baseline. I still have neurological symptoms every day but on a scale of "2-3" when before I felt they were a "10".

I went on to meet thousands of others online who had my exact same symptoms after their Covid vaccine.

I have since done genetic testing and hold 2 mutations for the MTHFR genes. This makes it to where I will always be less able to methylate chemicals and toxins. Until a plan for safer vaccines that involves screening people who may be at higher risk, I would strongly suggest you be aware of the disability and death that others are facing.

I strongly suggest that you withdraw from recommending these shots.

Sent from my iPhone