



In Support of HB 288

Dear House of Delegates,

My name is Dr. Jack Perkins and I am the Director of the Compress and Shock Foundation. We are a 501(c)(3) physician-led organization with the mission to provide free and equitable access to CPR and AED education to all communities with a specific dedication to those communities most adversely affected by cardiac arrest due to race, ethnicity, primary language, or access to healthcare education.

We are dedicated to minimizing the disparities in survival from sudden cardiac arrest through providing free CPR and AED education classes to the public and increasing public access to AEDs.

I am honored to send my support for House Bill HB 288 Food Service Facilities - Automated External Defibrillator Program (Joe Sheya Act). This effort directly affects the health and safety of our communities and is an incredibly impactful and timely piece of legislation. I urge the house to vote in favor of House Bill 288 and help improve survival from sudden cardiac arrest.

Sincerely,

Jack Perkins

Jack Perkins, MD

Founder and Executive Director

Compress and Shock Foundation

CompressandShock.Org

Cell: 540-526-7206

Email: Jperkins@Compressandshock.Org



Mission: To bring free and equitable access to CPR and AED education to all communities with a **specific dedication to those communities most adversely affected by cardiac arrest due to race, ethnicity, primary language, or access to healthcare education.**

Vision: We were founded with the vision of establishing a **FREE** National Annual CPR and AED Education Day. To coincide with CPR and AED Awareness week, this day will occur on the first Saturday of June and involves a national effort to coordinate free CPR and AED education classes across the country.

Class structure: Our class is created to be a one hour long, compression only CPR and AED use course specifically designed for the layperson (the public). The course consists of an instructional powerpoint presentation followed by hands-on practice. During the presentation we aim to break down the common barriers to bystander intervention, teach the signs and symptoms of cardiac arrest along with the skills of CPR and AED use. This course is uniquely designed to be adapted and tailored to the specific needs of different communities. To date we have offered classes in English, Spanish and Nepalese. Our instructors are all volunteers and largely are members of the local EMS system and other local health care providers.

Access Programs: To fulfill our mission we have also established an AED access program. This program was created to incentivise the public to show up for training classes, as well as increase public access to AEDs **in all communities**. For any class that recruits 35 or more learners we will donate an AED free of charge. This program is aimed specifically at low income and underserved communities to help decrease the barriers to survival.