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**Support**  
**HB 812 - Health - Reproductive Health Services - Protected Information**  
**and Insurance Requirements**  
**Maryland House Health & Government Operations Committee**  
**March 2, 2023**

In the summer of 2018, because of a broken condom and a failure of emergency contraception, I got pregnant. At first I didn't realize, and it took several weeks of violent nausea for me to realize the emergency contraception had likely failed. When my pregnancy test came back positive, I felt a horrible pit in my stomach. I felt a total lack of control, like my body had been hijacked without my consent. I knew immediately that I needed an abortion.

Pennsylvania has a politically motivated and paternalistic 24-hour waiting period that requires people who have to travel far distances to get to a clinic to go two days in a row - and 87% of Pennsylvania Counties do not have abortion clinics. So rather than drive two times to the nearest abortion clinic, I decided to drive a little farther, but just once, to Baltimore. When I arrived, the clinic staff were wonderful. They talked me through what I could expect, and made sure I felt safe and comfortable with my decision.

I also had an incredible network of friends that helped me both monetarily and emotionally, a job that supported me and provided time off, and a car I could rely on for travel. But now, with the overturn of *Roe*, that pit in my stomach has returned. I know to the core of my being that if I had been in a place where I couldn't legally access abortion, I would have found a way to end my pregnancy, at whatever risk to my life.

Twelve states have banned abortion outright, and several have added criminal and civil penalties for patients like me, clinic staff, and people like my friends who step up and help support patients like me. Since the fall of *Roe*, I have been thinking constantly about the people facing the same decision I did, with the same conviction I had, with fewer resources and less support than I had, making that same trip to Maryland for refuge, just like I did, to make the same choice I did. They deserve every protection this state can afford them.

Electronic health records are a great idea. They make care easier and more accessible. But 12 states see my experience as an illegal one. I acknowledge the reality that more states may follow, and even my home state of Pennsylvania may follow. I need to make sure that the record of my abortion care is controlled by me,

first and foremost, and does not end up in the hands of someone who would seek action against me, my friends, or my providers. I urge a favorable report on HB 812.