

SB249 Favorable with Amendments  
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I support SB249 with the following amendment:

(C) THE CURRICULUM REQUIRED BY SUBSECTION (B) OF THIS SECTION SHALL INCLUDE INFORMATION ON THE LAWS RELATING TO AND THE RISKS OF DRIVING WHILE UNDER THE INFLUENCE OF CANNABIS, **including self-assessing impairment after consuming cannabis.**

The impairing effects of cannabis may last for widely varying amounts of time depending on dosing, method of consumption, one's physiology and one's level of experience with cannabis. Inhalation of cannabis generally causes noticeable impairment within minutes that spikes over the first 90 minutes, followed by a steady level of impairment for up to 4 hours after initial consumption. The general advice for inhalation is to wait 4 hours after consuming before driving. Oral consumption can cause impairment in as short as 10 minutes or as long as 2+ hours depending on method of consumption and physiology. Impairment can last 4-6+ hours after onset, but is typically experienced as a steady level of impairment instead of a spike effect like inhalation. Studies have shown that self-assessment of impairment by smokers are relatively accurate except for a 30 minute around the downside of the spike. This knowledge is critical for determining when it is safe to drive.

It is possible to consume non-impairing doses of cannabis. My mother is a former Fentanyl patch patient. She consumes up to 10mg of THC daily via Healer branded tinctures. At 3-5 mg per dose, she does not experience impairment. She has accidentally consumed enough to experience impairment. She's 91, lives by herself and is still driving. Technically, she drives under the influence of cannabis nearly every time she's behind the wheel. Also doses of cannabinoids that contain over a 6:1 ratio of CBD:THC are also non-impairing.

There is an app called Druid that measures impairment using tests similar to what Drug Recognition Experts use. Driver education should teach drivers about the availability of these kinds of tools and how to use them effectively to judge the level of impairment from any substance.

People will be consuming cannabis. They need to know when it is safe to drive. The answer is "It depends." Please amend SB249 to include self-assessment of impairment in driver education.

Thank you,  
Rusty Carr