



Anne Arundel County Mental Health Agency, Inc

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House Bill 1107 Testimony

Catherine Gray, Clinical and Deputy Director, Anne Arundel County Mental Health Agency

Families calling into the Crisis Response System requesting services can be immediately referred to the Mental Health Stabilization Service. This service provides stabilization services for 8 weeks after an initial crisis. The services are all in person in the families' homes. The Eyberg Child Behavior Inventory or ECBI rating scale which is a family self-assessment often shows a decrease in both the intensity of the behavior and the parental perception of the problems during the 8-week program. Currently, we are seeing clients in the program who are more clinically complex than in previous years and there are more identified family members requiring intervention. We will collect and report data on this program that demonstrates the effectiveness of crisis intervention.

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