

HB 1283: Insurance - Discrimination - Sexual Orientation and Gender Identity: Please OPPOSE this bill!!

Dear Economic Matters Committee Chair Wilson, Vice Chair Crosby, and all other esteemed Committee Members:

I would encourage all of you to OPPOSE this bill!!

“Gender Identity” is NOT a medical diagnosis. “Gender Dysphoria” is a mental health condition that is listed in the latest version of the DSM, the [Diagnostic and Statistical Manual of Mental Disorders](#) (DSM) is the handbook used by health care professionals in the United States and much of the world as the authoritative guide to the diagnosis of mental disorders.

Gender Dysphoria is still being discussed by medical professionals from around the world, and there has been no consensus on the “right” way to handle it. Many countries, including Norway, Sweden, Finland, the U.K., Australia, New Zealand and France, have pulled back from the gender-affirming model of care.

Gender identity is subject to change over the course of an individual's lifetime. Further, hormonal and surgical interventions are associated with significant physical health risks, and the claims of effectiveness are not supported by the available quality systematic reviews of evidence.

Have you been provided with proper long-term safety data of the mental and physical health effects of “gender affirming care”? There have been horrible side effects of these treatments and medications. There have been people who have undergone sex reassignment surgeries that experience daily pain and suffering, oozing from surgical sites, etc. (All you have to do is look up articles, because they are out there. You can also go to [sexregret.com](#) and you will read horrific personal tragedies. (I have included several links where you can find such tragic personal accounts at the bottom of my testimony).

We must not allow our insurance companies to pay for these harmful treatments!! This goes against everything it means to be a doctor. The very basic tenet of the Hippocratic Oath is to **do no harm!!** But any doctor that prescribes puberty blockers, cross-sex hormones and mutilating transition surgery should **know** that these treatments are harmful to their patients. It has been well-documented to be harmful from all over the world!!

Not only is it harmful to patients, but so-called “gender-affirming care” is very expensive!! If we start mandating our insurance companies to pay for this treatment, we will undoubtedly increase patient insurance premiums significantly, maybe even exponentially!! This would be completely unfair to the good people of this State to have to bear that burden!!

As a member of the legislative Committee you have one intrinsic duty and that is to **do no harm** and serve the common good. I ask that you reject this bill and any other legislation associated with it for the sake of our children, families and all people.

Respectfully submitted,

Trudy Tibbals

An extremely concerned Mother and Maryland resident

P. S. Here are some articles, documentaries or videos that each and every one of you should read or watch about the use of gender affirming care and sex reassignment surgeries:

<https://sexchangeregret.com/damaged-the-transing-of-americas-kids/>

<https://sexchangeregret.com/man-who-transitioned-40-years-ago-details-why-he-stopped/>

<https://sexchangeregret.com/the-sex-change-i-had-40-years-ago-was-a-scam-not-medicine/>

<https://sexchangeregret.com/nearly-half-of-patients-who-had-bottom-surgery-suffer-surgical-site-bleeding-later-study/>

<https://sexchangeregret.com/prisha-mosley-i-lost-my-voice-i-lost-my-chest-i-dont-know-if-im-going-to-be-able-to-have-kids/>

<https://sexchangeregret.com/a-medical-atrocity-pediatric-surgeon-joins-growing-movement-against-trans-surgeries-on-minors/>

<https://www.dailysignal.com/2022/09/19/our-voices-can-no-longer-be-denied-says-detransitioner-in-new-documentary/>

<https://nypost.com/2022/08/24/woman-sues-psychiatrist-for-approving-gender-transition/>

[r/detrans on Reddit](#)

<https://sexchangeregret.com/andre-van-mol-md-fatal-flaws-in-regret-surveys/>

And

<https://cmda.org/regretting-transition-for-gender-dysphoria/>

<https://sexchangeregret.com/children-who-identify-as-transgender-likely-going-through-a-phase-says-uk-health-service/>

<https://www.fox32chicago.com/video/1293170>

<https://sexchangeregret.com/fda-warns-of-brain-swelling-and-permanent-vision-loss-found-in-children-taking-puberty-blockers/>

<https://news.sky.com/story/hundreds-of-young-trans-people-seeking-help-to-return-to-original-sex-11827740>.

Here is also part of a Public Comment I gave at one of my county's Board of Education meetings:

For those that say there is “no such thing” as detransitioners, I would love to see them argue with such detransitioners as **Chloe Cole**, a female who had mutilating transition surgery and later regretted it, and **Chris Beck**, a former Navy Seal, who transitioned to Kristin Beck, and then regretted his decision and has stated that “it’s time for America to “wake up” regarding how the transgender push is hurting children...Everything you see on CNN with my face, do not even believe a word of it...Everything that happened to me for the last 10 years destroyed my life. I destroyed my life. I’m not a victim. I did this to myself, but I had help...There are thousands of gender clinics being put up over all of America,” he said. “As soon as [children] go in and say, ‘I’m a tomboy,’ or, ‘This makes me feel comfortable,’ and then a psychologist says, ‘Oh, you’re transgender.’ And then the next day, you’re on hormones — the same hormones they are using for medical castration for

pedophiles. Now, they are giving this to healthy 13-year-olds...Does this seem right? This is why I am trying to tell America to wake up.” **Soren Aldaco**, "...who attempted a gender transition at age 17, is suing the doctors who operated on her, accusing them of ignoring her plethora of mental health conditions and pushing her down a destructive path...filed a lawsuit in the Tarrant County District Court of Texas. She alleges that her doctors behaved more like “ideologues” than medical professionals and that they did not properly take her autism, depression, anxiety, and other comorbidities into account when they evaluated her for an attempted gender transition. “Despite these telltale signs demanding caution and therapeutic resolution,” the suit emphasizes, Aldaco’s physicians “deliberately and recklessly propelled” her “down a path of permanent physical disfigurement and worsening psychological distress.” **Prisha Mosley** filed a lawsuit accusing her doctors and therapists of rushing her down a dangerous and life-altering path. **Kayla Lovdahl** has also filed suit, accusing medical professionals of fast-tracking young Lovdahl through her gender transition, one that she now deeply regrets. The suit alleges that those medical professionals “who immediately, and negligently, affirmed Kayla’s self-diagnosed transgenderism without adequate psychological evaluation,” “promptly placed her on puberty blockers and testosterone at age 12,” and “performed a double mastectomy within six months at age 13.” The “Defendants were not ‘caring’ for Kayla,” the suit says. “They were experimenting on her.” **K. Yang** worked for an LGBT nonprofit center funded by the New York State Department of Health. “We were indoctrinating public school children with gender identity and transgender ideology,” she says. So now, with immense inside knowledge, Yang knows exactly how to help parents ‘de-program’ their children who may have become ‘brainwashed’ by online, educational, or social media sources that are teaching them lies. And with family members who escaped China and Mao’s Cultural Revolution, Yang knows just how vital it is to equip children with the ability to think for THEMSELVES. “I was thinking that what I was doing, was a good thing. It was the right thing. I thought my beliefs were correct. And they were morally superior...I — and now I know, that I was wrong. And part of how I know I was wrong...is because I really started investigating the money behind what was pushing this movement.”