

Luciana Ferragini
lucianaferragini@gmail.com
410-412-4149

I trust this message finds you well. I am writing to underscore the importance of providing accessible mental health resources for students by establishing designated spaces within schools for Telehealth therapy sessions.

As a parent who has personally navigated the challenges of supporting a child dealing with anxiety, I can attest to the transformative impact of Telehealth therapy.

I would also like to bring to your attention a recent challenge I faced at a local public school. Despite being the primary parent and having a recommendation for counseling for my child, the school, citing shared custody arrangements, denied my request for on-site Telehealth therapy spaces. This experience underscores the need for schools to proactively support students' mental health without unnecessary barriers.

By establishing designated areas for virtual therapy sessions, schools could offer a quiet and private space for students, ensuring a comfortable environment conducive to open discussions. This approach would not only address scheduling issues but also demonstrate a commitment to the overall well-being of students, fostering an environment where mental health is prioritized.

I sincerely believe that creating such spaces within schools would make a substantial difference for all students, including mine, and I encourage your support in advocating for the implementation of on-site Telehealth therapy spaces.

Thank you for your consideration.

Warm regards,

Luciana