

My name is Sabrina Scott and I'm a licensed esthetician and small business owner in Severna Park.

I went to esthetic school in 2018. After 600 hours and 9 months spent solely on learning all about skin, I graduated and passed both of my state boards. I did my national certification with NCEA right after which is considered another 600 hours of training. After that I got certified and trained in a variety of treatments.

New regulations were rolled out in April of 2023 that severely restricted my ability to perform my job as a licensed esthetician. Washing your face with a wash cloth removes more layers of the epidermis than what the dermatologists want to let us practice in. Estheticians are trained specifically to work in the multiple "layers" of the epidermis. We do not penetrate through to live tissue with our superficial peels and tools. There is a lot of confusion about what a layer of skin really is! Please see the graphic we've provided to explain the layers and the anatomy of the skin.

I'm also a licensed esthetician in DC and feared I would have to move my business to DC because of these restrictions Maryland has installed. Skincare products and treatments change and evolve constantly, yet Maryland's laws pertaining to estheticians have not been updated in over 3 decades. This is hurting so many women owned small businesses.

As a solo esthetician, I was forced to hire a lobbyist because estheticians are governed by a state board that doesn't understand skin and what we do and the medical community that is fleeing medicine for a quick cash grab in esthetics and encroaching into our industry and telling us we are not qualified. I have tons of clients that are nurse practitioners, RNs, physicians assistants, and even dermatologist NPs who know absolutely nothing about taking care of their skin, but could take a short course tomorrow and treat you next week.

There is plenty of room for both trained medical professionals and estheticians to work along side one another. There are cosmetic treatments (within our scope) and medical grade treatments (outside of our scope) for this reason. Most of the United States have these guidelines and regulations that actually make sense for estheticians. This protects the esthetician and the consumer. Trying to restrict our ability to work is going to take a huge toll on Maryland's economy. We need your help to protect our businesses and keep them in Maryland. Thank you.