



Sabrina Sepulveda, CRNP-PMH
Harborside Behavioral Health, LLC
41625 Park Ave. Leonardtown, MD 20650
Phone: (301) 494-1009 Fax: (970) 296-5636
Email: sabrina@harborsidebehavioralhealth.com

Please support: HB 425: Advanced Practice Registered Nurse Compact

February 06, 2024

Dear Finance Committee members,

I am licensed as a Psychiatric Nurse Practitioner and own a private practice, Harborside Behavioral Health, LLC in Leonardtown, Maryland. I provide care in a federally identified health care provider shortage area for both primary care and mental health. As a small business owner, I support the passing of HB 425 for license portability to improve health outcomes for patients and address health care workforce needs.

This is about a choice. The Compact affords any APRN the choice to have a multistate license. This is a voluntary license. APRNs who do not want or need a multistate license do not have to obtain one. The Compact is smart for businesses like mine in Maryland who increasingly provide Telehealth services. APRNs need licenses in each state where their patients are or reside to provide Telehealth services. This is an unnecessary financial burden. The APRN Compact would eliminate the need for multiple licenses. If your patient moves across the state line, you can no longer treat your patient via telehealth. Patients want to maintain relationships with their healthcare providers for continuity of care, particularly in psychiatry where access to a new provider could delay care.

This compact is about access to opportunity with fewer barriers and burdens. The compact allows APRNs the ability to practice in other states minimizing financial, administrative, bureaucratic burden of waiting months to be licensed. Currently, these barriers and burdens contribute to lost wages and missed employment opportunities. Participating in the APRN Compact saves APRNs the prohibitive cost of applying for licensure in multiple states. My community is home to a military base, Naval Air Station Patuxent River. The APRN Compact supports military spouses moving to Maryland seeking employment as APRNs. Currently, obtaining licensure in Maryland takes approximately six months of a two-year tour of duty. This directly affects families in already tough economic times. The compact assists military families not only upon their arrival in Maryland, but importantly as they relocate from Maryland to another compact state.

Maryland was the pioneer in enacting the Nurse Licensure Compact in 1999. We need to keep Maryland as the leaders in the Nursing Profession by passing this Compact. Multistate licensure compacts save boards of nursing time and money by ensuring uniform licensure state to state. The Maryland Board of Nursing supports the Compact and would directly benefit with less license processing. Currently, three states have adopted the Compact, and legislation is pending in three states currently.

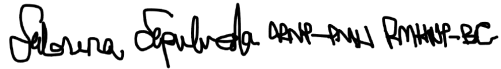
This is about access to APRN care. Maryland residents in my community can wait months to get an appointment for specialist care—particularly in psychiatry. It is routinely three or more months to get a new patient appointment. For children and adolescents, the wait time to access care can be six months. A compact could improve health outcomes for patients. With the current healthcare workforce shortage facing many Maryland communities, the APRN Compact ensures greater access to care particularly in rural and underserved communities where the workforce shortages are most critical.

This is about what is best for the patient. If your patient moves across the state line, you can no longer treat your patient via telehealth. Currently, I am contracted to offer Psychiatric services at St. Mary's College of Maryland. During COVID, the college went virtual, as did my services for the students—except the students who were out of

state, who were unable to continue utilizing this free college-based service. These are not unique or rare situations for patients and these situations contribute to an ever-growing inequity in health care delivery.

This is a choice for an APRN. You know who else wants a choice? The citizens of the State of Maryland want the choice to access APRN care, they want to choose HOW they access APRN care, and they want the choice to continue their APRN care and this legislation allows for patients to have that choice. This is about looking at the greater good for the citizens of the State of Maryland to improve health outcomes and address licensure portability issues. I urge you to support HB 425 for APRN compact licensure.

Respectfully,

Handwritten signature of Sabrina Sepulveda in black ink, including the text "Sabrina Sepulveda CRNP-PMH RMTMHP-BC".

Sabrina Sepulveda, CRNP-PMH
Owner, Harborside Behavioral Health, LLC