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My child's mental health is extremely important to me and our entire family. I can also image how important this is for the staff at a school who has to interact with children from all backgrounds. If a child has a safe space to share their feelings, then outbursts are less frequent. My children grew up around domestic violence and have not seen their father in a few years. I'm sure she is frustrated as she grows up and sees other fathers and wonders where hers is. Over the past few years, I have been able to enroll her in telehealth which has helped ensure that I can get her to appointments while still feeding my other children dinner and tending to their needs. It allows me to multi task and care for my family while she is getting the care she needs. If my child can learn how to better handle her stress than she will be a better role model at school. She excels academically but struggles emotionally. The more support she can receive, the better her other talents can shine through.