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#### JARED SOLOMON

Legislative District 18 Montgomery County

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Annapolis, Maryland 21401

# THE MARYLAND HOUSE OF DELEGATES

The Maryland House of Delegates
6 Bladen Street, Room 312
Annapolis, Maryland 21401
301-858-3130 · 410-841-3130
800-492-7122 Ext. 3130
Fax 301-858-3053 · 410-841-3053
Jared.Solomon@house.state.md.us

#### HB 1090 – SNAP for Students Act Senate Education, Energy, and Environment Committee – March 27, 2025

Chair Feldman, Vice Chair Kagan, Esteemed Colleagues,

Thank you for the opportunity to present today on HB 1090, which in a no to low-cost way, will assist in identifying and better supporting college students facing food insecurity.

The amended bill simply adds one question on the Maryland College Aid Processing System (MDCAPS) application asking whether, in the last 6 months, the applicant has missed a meal because of an inability to afford food. Answering this question is optional, but if students do choose to answer, the information provided will give colleges and universities the ability to reach out to those students directly with food resources, information on the Supplemental Nutrition Assistance Program (SNAP) enrollment, and other possible wrap-around supports. This new question on the MDCAPS application will help schools better streamline and target their student support. The change is supported by the Maryland Higher Education Commission (MHEC), which administers MDCAPS as well as the higher education community.

The bill as drafted currently includes a section to expand SNAP eligibility for those students participating in work study on campus, building on existing federal regulations in 7 CFR 273.5 (Section 1 of HB 1090). We have been working collaboratively with the Maryland Department of Human Services (DHS) and they have agreed to update the Maryland Supplemental Nutrition Assistance Program (SNAP) Manual, Maryland Integrated Practice Model for Serving Children, Vulnerable Adults, and Families to clarify eligibility for those meeting the work requirement or participating in Federal Work Study. Federal regulations already permit these students to participate, but additional state administrative action is needed to ensure all eligible Maryland students and institutions of higher education understand eligibility and their ability to participate.

We're glad to share that because of the internal policy change and partnership with DHS, Section 1 is no longer needed and will now be taken out of the bill in a proposed Sponsor Amendment. Additionally, my Amendment will move Section 2 to the Human Services Article 5-503.1 over to the Education Article 11-1705 or 1706 where the

#### Hunger Free Campus Grant Program resides.

The updated manual will maximize existing federal flexibilities for SNAP benefits for students to include:

- 1) averaging the 20-hour work hours/week over a quarter, providing greater flexibility to access benefits over the course of the school year; and
- 2) clarifying that students are eligible for benefits if they anticipate receiving Federal Work Study and meet other technical eligibility requirements under SNAP.

Numerous studies indicate that students facing food insecurity have lower GPAs, poorer health, higher rates of depression, and anxiety. Food insecurity is a serious problem among college students.

The Hope Center for Student Basic Needs issued a report preview in September 2024 that surveyed 74,350 students between January 2023 and July 2024. The results indicated that food insecurity affected 41% of students at two-year and four-year institutions. Moreover, students of color were more likely to experience basic needs insecurity, including food insecurity. Across two- and four-year institutions, 74% of Indigenous and 72% of Black students experienced basic needs insecurity. Additionally, 66% of LGBTQ students experienced some form of basic needs insecurity. Nontraditional students are also affected, with 74% of students who are also parents experiencing basic needs insecurity. ii

A recent study by Professor Julia Wolfson, at the Bloomberg School for Public Health at Johns Hopkins found food insecurity during college can be a substantial barrier to graduation and attainment of bachelor's and graduate/professional degrees. Students experiencing food insecurity, particularly those who are first-generation students, are less likely to graduate from college, and if they do graduate, they are more likely to receive an associate's degree rather than a bachelor's or graduate/professional degree.<sup>iii</sup> Food insecurity jeopardizes future economic success and upward social mobility by creating unnecessary barriers to college completion.

Another study assessed the prevalence of food insecurity the University of Maryland, College Park (UMCP), Maryland's flagship university and one of the nation's preeminent public research universities. iv Among UMCP students:

- About 20% of UMCP students surveyed were food insecure at some point in the 12 months preceding the survey
- Food insecure students reported poorer general health, and experienced higher levels of depression, anxiety, distress, anger, and loneliness than their peers.
- On average, compared to their counterparts, food insecure students had lower GPAs and were more likely to withdraw from the University before completing their degrees

Food insecurity disproportionately affected certain college students, including first-generation college students, racial/ethnic minority students, transfer students, students with a disability, as well as students who worked longer hours and/or were financially independent.

Addressing food insecurity on campuses benefits not only the students, but colleges and universities as well:

- Students whose basic needs are met, have higher academic performance and are more likely to complete their degree generating more tuition dollars for institutions.
- Students who can focus on learning enhance the academic environment for faculty and staff.
- Partnerships between institutions and community organizations for the benefit of students can result in new resources, relationships, and opportunities for institutions.

Again, this bill is a small but important step forward in combatting food insecurity on college campuses. It will help give students the opportunity to focus their time and energy on school, successfully securing their economic futures. HB 1090 passed the House 106-32 and I urge the Committee to provide a favorable report.

<sup>&</sup>lt;sup>i</sup> The Hope Center for Student Basic Needs. (2024). Preview: 2023-24 student basic needs survey report. Temple University. <a href="https://hope.temple.edu/research/hope-center-basic-needs-survey/preview-2023-24-student-basic-needs-survey">https://hope.temple.edu/research/hope-center-basic-needs-survey/preview-2023-24-student-basic-needs-survey</a>

ii Ibid.

iii Ibid.

iv Wang, Y.-W., Cruz, T. E., & Bush, L. (2019). UMD food access & student well-being study. College Park, MD: University of Maryland Counseling Center Research Unit.

### HB 1090 MDCAPS\_College Aid Hunger Issues (crossove Uploaded by: Matt Power

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**Support** 

## Senate Education, Energy, and the Environment Committee House Bill 1090 (Solomon) Maryland Higher Education Commission – Maryland College Aid Processing System - Applications

Matt Power, President mpower@micua.org
March 27, 2025

On behalf of the member institutions of the Maryland Independent College and University Association (MICUA) and the nearly 55,000 students we serve, I thank you for the opportunity to provide this written testimony in support of House Bill 1090 (Solomon) Food Supplement Benefits - Students - Eligibility. This bill requires the Maryland Higher Education Commission (MHEC) must add to Maryland College Aid Processing System (MDCAPS) application a question regarding whether, in the previous six months, the applicant has missed a meal because of an inability to afford the meal. Hunger is a growing problem on college and university campuses; some figures estimate that up to half of college students will face food insecurities at some point while pursuing their degree.

Since inflation, the cost of shopping at the grocery store has increased and is steadily growing while the shopper's income remains the same. College students are not exempt from this experience and have limited funds to supplement the rising costs of grocery shopping. Many MICUA institutions engage in activities to address student food insecurities on campus. Some examples include:

- **Stevenson University** has a campus food pantry run by student coordinators and volunteers. It holds regular hours and is in a central location on campus proximate to other student services. The pantry holds food drives, disseminates public service announcements, and has a Facebook page.
- Maryland Institute College of Art (MICA) established a campus food pantry to serve its students, recognizing the importance of addressing food insecurities to promote both individual wellbeing and educational attainment. MICA also held a food drive in November as part of its annual campus-wide Unity Fest activities.
- Three food pantries, containing meal and snack items, including fresh fruits and vegetables, yogurt, meat, and vegetarian items, are maintained on **Notre Dame of Maryland University**'s (NDMU) campus. The pantries are available 24/7. The Office of Service and Community Engagement received a grant from the Maryland Food Bank to expand the offerings in 2023-2024

to include a once-a-month food distribution available to all members of the NDMU community in need. In addition, the Student Life and Academic Support Departments offer information on local resources and food pantries in the community as well as assist with eligibility for SNAP benefits.

- Loyola University Maryland created a food pantry with non-perishable food, cleaning supplies, and feminine hygiene products that students can access throughout the academic year and off-peak dining hours. Loyola recently established the Student Success Fund to further provide for a student's unexpected need such as additional financial support for meals when a student's meal points run out or when replenishing or restocking the food in an ailing parent's home.
- Washington Adventist University officially opened and dedicated a food pantry in April 2021. The pantry is funded in part with a grant from the Educational Credit Management Corporation, and also from the support of the Columbian Union Conference and Adventist Community Services of Greater Washington, as well as faculty, staff, alumni, friends of the University, and other individuals who made donations to build the stock of food and other necessities to be available to students.
- In 2021, **Mount St. Mary's University** conducted an extensive food insecurity study which led them to the establishment of "The Mount Table". This is an on-campus food pantry run by students, staff, and faculty out of the Office of Social Justice. The Mount partners with the Maryland Food Bank to provide an extra resource for the students. They have found this to be a grassroots approach to address a growing problem at the institution.

We thank the sponsor for introducing this important piece of legislation. If you have any questions or would like additional information, please contact Irnande Altema, Associate Vice President for Government and Business Affairs, <a href="mailto:ialtema@micua.org">ialtema@micua.org</a>.

For these reasons, MICUA urges a favorable Committee report for House Bill 1090.