# Coverage for Antipsychotic Medications Patients and Prescribers Prevail

# **PEOPLE WITH SCHIZOPHRENIA**

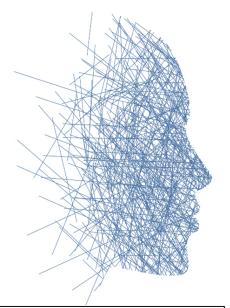
- Have 13-15 years less life expectancy<sup>1</sup>
- Are 20x more likely to commit suicide<sup>1</sup>
- Are 4-6x more likely to be victimized<sup>2</sup>

The estimated cost of illness was over \$280 billion in 2020<sup>3</sup> Schizophrenia is the 15<sup>th</sup> leading cause of disability worldwide<sup>4</sup>

## PEOPLE WITH BI-POLAR DISORDER

- Have 13 years shorter life expectancy<sup>5</sup>
- Have 20-30x higher risk for suicide<sup>6</sup>

Total estimated cost of illness was over \$195 billion in 2018<sup>7</sup> Bi-polar Disorder is the 25<sup>th</sup> leading cause of disability worldwide<sup>4</sup>



## **ARREST & INCARCERATION**

2 MILLION PEOPLE with a serious mental illness are **JAILED** annually.8

## **EMERGENCY CARE**

Over 380,000 Emergency Department visits annually involved adults with schizophrenia.<sup>4</sup> About 50% of these visits led to hospitalization.<sup>9</sup>

## **HOMELESSNESS**

Over 1 in 5 homeless persons are living with a serious mental illness. <sup>10</sup>

People with serious mental illnesses including schizophrenia and bi-polar 1 disorder should not have to fail first on medications preferred by the payer. Fail first policies are associated with reduced medication adherence, increased inpatient costs, and increased medical costs. 11,12 Fail first policies place burdens on patients and providers and undermine patient care. 13,14

#### **PROPOSAL**

Public and commercial health plans should be prohibited from applying fail first policies on medications approved by the FDA for the treatment of serious mental illnesses including schizophrenia and bi-polar 1 disorder.

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