

Testimony on SB720 The Safe Staffing Act of 2025 Position: **FAVORABLE**

To Madame Chair and Members of the Committee,

My name is Shirley Randolph. I am a Cook at a Long-Term Acute Care Hospital. I support the Safe Staffing Act and urge a **favorable** report because my department is short staffed every day, and the Safe Staffing Act allows workers like me to help fix this problem.

Short staffing puts a burden on our bodies and minds. I used to volunteer to do overtime, but I don't do that anymore because I am so overworked on my regular shift that I am completely exhausted. Long hours of being on your feet and lifting things really add up when you are doing the work all by yourself.

My coworkers and I don't talk to management about the struggles we are facing, because we are afraid they will try to retaliate against us. I'm excited about the Safe Staffing Act because it would actually encourage workers to freely share our ideas without fear. It is important that we have a real voice. Please vote YES on this bill. Thank you.

In Unity,

Shirley Randolph