

Emily Tarsell, LCPC

**2314 Benson Mill Road
Sparks, Maryland 21152
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Favorable HB 1208

Public Health - Prohibited Ingredients in Food

Dear Chairwoman Pena-Melnyk and Members of the HGO Committee:

I am Emily Tarsell, a mother, licensed therapist and founder of Health Choice Maryland. The mission of our organization is to promote education for informed medical choice and health freedom. In keeping with that mission, we ask your Favorable report for HB1208.

It is now widely acknowledged that our foods may contain ingredients that are toxic and unhealthy. The FDA recently banned Red dye #3 after years of allowing it in our food supply while it was banned in cosmetics. I am sure that the cosigners of this bill will provide lots of evidence regarding the negative effects of the targeted ingredients. This type of regulation is long overdue and we ask for your Favorable report for HB 1208. Thank you.

Emily Tarsell, LCPC