

February 28, 2025

Position: Support HB 867

My name is Emma Werking, I am here today with my husband Nathan to share our story. In the last 4 months I have had 2 miscarriages.

In November I had my first miscarriage. I asked my OB to do blood work and check my hormone levels and they told me "no, we do not do blood work unless or until you have 3 consecutive miscarriages" They told me, my husband and I could try again in a month and assured us our chances of miscarrying again were slim to none.

My husband and I found out we were pregnant again in January. During that time I went to an ND. She listened to my concerns and ran the blood tests my OB refused to run. She found that my progesterone levels were very low. At this point I was 6 weeks pregnant. She instructed me to show my OB the lab results and ask for a prescription progesterone suppository to boost my levels as she was concerned I would miscarry again due to the low progesterone levels.

I immediately sent the labs to my OB and requested the prescription. They ignored me. It took me calling repeatedly and begging them for the prescription. However they didn't prescribe what my naturopathic doctor advised and my OB didn't even bother to call me and talk to me the medication or my concerns.

During this time my naturopathic doctor was checking in with me, she was answering questions I had about the prescription and she reordered blood tests a week later to ensure the medication was doing its job.

When I had the blood work redone we learned my levels did not increase. This was very concerning and again I went to my OB with my labs and they told me and I quote "we do not follow progesterone levels and the prescription we gave you is all we will do."

I had my 8 week appointment and my husband and I got to hear the baby's heartbeat. They reassured us telling us the baby was measuring well and had a strong heartbeat. 4 days after that they could not find the heartbeat and they told me I was miscarrying.

I am here to ask that you please pass this bill so that what happened to me and my husband does not happen again. We could have avoided serious emotional distress and maybe had a different outcome, if my Naturopathic Doctor was able to write the prescription I so desperately needed.