Name: Daniel Taeho Kim Gender: Male Date of Birth: February 7, 1983 (42 years old) Address: 5700 Goldfinch Ct., Ellicott City, MD 21043 Email: hosarah21@gmail.com Phone: 443-857-6535 Diagnosis: Autism Service: DDA Self-Directed Services (SDS)

Background & Challenges Before SDS (Traditional Services):

For years, Daniel struggled in **restrictive environments** that failed to provide the proper support he needed, leading to **severe frustration**, **self-harm**, **and aggression**:

- Spent 10 years at Atlas Day Program, where the small space and lack of meaningful engagement led to frustration.
- Experienced aggression from others and was sometimes physically restrained when upset.
- Engaged in self-harming behaviors (hitting his head) and aggressively lashed out at others due to unmet needs.
- Moved to a group home due to increasing behavioral challenges, but this environment failed to address his needs:
 - Severe food restrictions led to obsessive behaviors regarding food and portion sizes.
 - Limited personal freedom, including forced early bedtime at 7 PM during the pandemic.
 - Had an aggressive roommate, leading to fights and damage to his room.
 - **Medication was used as the primary behavior management strategy** instead of constructive interventions.

Improvements After SDS (Personalized 1:1 Support):

With Self-Directed Services (SDS), Daniel finally gained the independence and flexibility he needed, leading to significant improvements:

• Happier and more emotionally stable, smiling frequently and showing improved self-control.

- Greater control over food intake, eliminating past obsessions.
- Active participation in social and community activities, including:
 - Special Olympics, Lifetime Gym, KADPA Saturday School.
 - Attending church, visiting his grandmother, and spending time with his brother.
- Significant reduction in behavioral issues—he still takes medication, but as long as his needs are met, he does not display problematic behaviors.
- Can freely exercise, socialize, and engage in activities of his choice, improving his overall well-being.

Why SDS Matters:

Despite **SDS being a cost-effective and successful model**, proposed budget cuts threaten its availability:

- Fewer Service Hours Reductions in funding would limit Daniel's access to essential services, increasing the risk of behavioral regression.
- Loss of Independence SDS allows Daniel to exercise choice and control over his life. Without it, he risks returning to a restrictive and frustrating environment.
- **Decline in Quality of Life SDS programs are critical** for Daniel's continued growth, community engagement, and overall happiness.

Call to Action:

To ensure that individuals like Daniel continue to **live safely, happily, and independently**, we urge legislators to:

- 1. Protect and prioritize funding for community-based DDA services.
- 2. Maintain or increase service hours to provide stable, consistent care.
- 3. Ensure fair wages for caregivers to retain qualified staff.
- 4. Support families relying on these programs, ensuring they have the resources needed to provide safe, personalized, and effective care.