

HEALTH CARE FOR THE HOMELESS TESTIMONY IN SUPPORT OF

HB 1164 – Counties and Municipalities - Homelessness
- Local Laws (Right to Rest Act)

House Judiciary Committee

March 11, 2025



Health Care for the Homeless and its national affiliate, the National Health Care for the Homeless Council, strongly support HB 1164, which would prohibit a county or municipality from enacting or enforcing a local law that is designed to prevent an individual from resting or sleeping in a public space, protecting oneself from the elements in a manner that does not obstruct the use of or access to private property, or sleeping in a legally parked vehicle.

Homeless encampments occur because there is a pervasive lack of affordable, permanent housing in our communities. As the cost of housing continues to exceed income, the number and scale of encampments is only increasing. Community responses to remove, or "sweep," encampments are understandable because people are rightly disturbed by the existence of homelessness, especially in the United States. Not only is homelessness a clear violation of human rights, but it is also a stark reminder of the systemic public policy failures across the housing, health care, labor, and education sectors that have produced epidemic levels of homelessness amid a critical shortage in rental housing nationwide and here in Maryland.

Encampment sweeps (and other measures to forcibly remove individuals from public spaces) do not solve homelessness and instead, only create additional problems. As health care providers, we have seen first-hand how forced relocations without connections to housing result in further harm in four different ways:

- Sweeps damage health, well-being, and connections to care:
 they destroy items needed for survival, cause trauma and worsen
 mental health conditions, destroy life-saving medications and
 medical equipment, sever connections to care, and undermine
 trust in service providers.
- Sweeps compromise personal safety and civic trust: they
 increase arrests and assaults on residents, contribute to drug
 overdoses, push residents into more dangerous and isolated
 environments, cause widespread fear, increase hostile
 interactions with the police, disproportionately impact Black,
 Brown and other People of Color and those with disabilities,
 violate rights, and contribute to stigma.
- Sweeps undermine paths to housing and financial stability: they
 destroy vital records, prevent gainful employment, create criminal
 records, jeopardize housing opportunities, sever connections with
 the community, and damage hope.

- "When there are sweeps, I stop being able to get in touch with clients. If I can reach them afterwards, they are noticeably triggered. I've personally seen the city throw away family photos and vital documents and uproot my clients' lives. When people are housing unstable, they've often been kicked out, evicted, or made to move many times and so the sweeps are retraumatizing."
- ~ Red Nesbitt, Behavioral Health Therapist, Health Care for the Homeless
- "Encampment sweeps often throw away lifesaving medications such as buprenorphine, which then raises the risk of overdose." ~Tyler Gray, M.D., Senior Medical Director-Community Sites, Health Care for the Homeless

Sweeps create unnecessary costs for local communities: they cost millions of dollars, divert
money from solutions such as housing, increase incarceration costs, and undermine population
health goals.

HB 1164 would stop the harm that sweeps cause and allow individuals and service providers to focus on more effective and constructive measures to increase stability and end homelessness, such as connecting people to permanent housing. For more details on the harms of encampment sweeps, as well as many resource documents, please see our fact sheet: Impact of Encampment Sweeps on People Experiencing Homelessness.

We urge a favorable report on House Bill 1164.

Health Care for the Homeless is Maryland's leading provider of integrated health services and supportive housing for individuals and families experiencing homelessness. We deliver medical care, mental health services, state-certified addiction treatment, dental care, social services, housing support services, and housing for over 10,000 Marylanders annually at centers in Baltimore City and Baltimore County.

Our Vision: Everyone is healthy and has a safe home in a just and respectful community.

Our Mission: We work to end homelessness through racially equitable health care, housing and advocacy in partnership with those of us who have experienced it.

For more information, visit www.hchmd.org.

The National Health Care for the Homeless Council (NHCHC) is a membership organization representing HRSA-funded Health Care for the Homeless (HCH) health centers, medical respite programs, and other organizations providing health care to people experiencing homelessness. Our members offer a wide range of services to include comprehensive primary care, mental health and addiction treatment, medical respite care, supportive services in housing, case management, outreach, and health education, regardless of an individual's insurance status or ability to pay. Last year, 300 HCH programs served approximately 1 million patients in over 2,500 locations across the country.

Our Mission: The NHCHC mission is to build an equitable, high-quality health care system through training, research, and advocacy in the movement to end homelessness.

For more information, visit www.nhchc.org