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Volleyball player breaks silence after suffering serious brain injury from transgender opponent

Story by Callum Vurley • 1mo •  3 min read

A former volleyball player has revealed how her life was dramatically altered after being struck by a ball spiked by a transgender opponent during a high school match in 2022.

Payton McNabb, now 19, from Murphy, North Carolina, was knocked unconscious for 30 seconds after being hit in the head during the game at Hiwassee Dam High School.

The incident has been highlighted in a new documentary titled "Kill Shot: How Payton McNabb Turned Tragedy Into Triumph", where she speaks about her ongoing health struggles.

"If my story can in any way help prevent this from happening to at least just one woman or girl, then it was all worth it," McNabb told The New York Post.



Payton McNabb's volleyball dreams are over after suffering the brain injury
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The teenager's dreams of becoming a college athlete were shattered following the match, which left her with life-threatening injuries.

McNabb was rushed off the court with a concussion, neck trauma and two black eyes, whilst the match continued without her.

The full extent of her injuries became apparent weeks later when

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