



**Testimony in OPPOSITION of
House Bill 156: Education – Interscholastic and Intramural Junior Varsity and Varsity
Teams – Designation Based on Sex (Fairness In Girls' Sports Act)**

Ways & Means Committee

Position: Unfavorable

January 29, 2025

Strong Schools Maryland is a network of education advocates dedicated to ensuring the full funding and faithful implementation of the Blueprint for Maryland's Future so every student in our state is equipped to thrive upon graduation. Strong Schools Maryland urges an **unfavorable vote on House Bill 156**, which if enacted, would legitimize hateful, transphobic, sexist policies and practices in public schools by embedding sex-based discrimination in sports programs.

The Blueprint for Maryland's Future simply does not envision a transphobic system of public schools in the state. In fact, the oppressive hatred, bullying, and violence that would come about as a direct response to the passage of this bill would threaten any hope Marylanders have ever had about our schools being deemed "World-Class." The bill displays a dangerous obsession with the developing, pubescent bodies of children and should be rejected by the entire General Assembly.

House Bill 156:

- Fails to define the problem that it aims to solve as there is no substantial evidence to suggest that current policies of gender inclusion in sports are causing problems;
- Advances a tried and failed, "separate but equal" narrative around participation in and designation of school-based student extracurricular activities;
- Forces schools to develop student athletic teams on the basis of sex, then prohibits government entities from receiving complaints about discrimination arising from this requirement;
- Seeks to force children into an either-or binary that is inconsistent with the experiences of ever-increasing numbers of students across the state; and
- Protects students and schools that discriminate against student participation on the athletic team of their choosing from retaliation or civil action; thereby

¹ [Anti-Transgender Legislation-A Public Health Concern for Transgender Youth.](#)

² [The Importance of Sports Participation for Transgender Youth](#)

³ [The Epidemic of Violence Against the Transgender & Gender-Expansive Community in the US](#)



codifying the legal ability to discriminate against anyone who violates this arbitrary, flawed rule about athletic participation.

There is no imminent threat to women’s sports, but the passage of this bill would contribute to active threats to the lives of transgender and gender-nonconforming Marylanders, especially to the physical and emotional safety of children. The American Medical Association specializing in pediatrics published an article in 2022 stating that **anti-transgender legislation is a public health concern for youth**; transgender youth are more likely to feel unsafe, experience bullying, and be injured by a weapon in schools.¹ Nationally, 80% transgender students have said they avoided bathrooms at school, 70% avoid school locker rooms, and 60% avoid participating in physical education classes, all due to safety concerns.²

These safety concerns are worsening in the current landscape. With both Federal and local threats to transgender and gender nonconforming youth increasing in proposed policy, we must act now to protect and include these student groups.³ If we care about “saving sports” or “fair play,” Maryland ought to pursue athletic policies that are inclusive of trans students, which can have major benefits for transgender students and enrich the experiences of cisgender students.

The Blueprint for Maryland’s Future envisions a school system that is inclusive to *all* Maryland students. House Bill 156 not only is incompatible with this future-focused initiative, but also poses a tangible threat to transgender and gender nonconforming students. Policies such as HB156 will only hold us back from achieving the promises of the Blueprint and cause real harm for our students. Strong Schools Maryland champions for inclusion both on and off the field.

For these reasons, we strongly urge an unfavorable report on House Bill 156.

For more information, contact Kenzie Funk:

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