

February 20, 2025

Good Afternoon Chair Atterbeary, Vice Chair Wilkins, and Members of the Ways and Means Committee,

I am Lisa VanBuskirk of Start School Later Maryland. Thank you for the opportunity to provide written testimony **in support of HB-1015: Public Middle, High, and Charter Schools - Start Time for Instruction**.

Following the 2016 passage of then Delegate (now Lieutenant Governor) Aruna Miller's *HB 83- Orange Ribbon Bill for Healthy School Hours*, I created a state-wide chapter of Start School Later to track the progress of school start times. By my estimates (the Maryland State Department of Education does not track school start times), **the average middle school start time is 8:17 a.m., the average high school start time is 7:57 a.m., and the average start time of charter middle and high schools is 8:21 a.m.¹ There are many individual middle and high schools, public and charter, that already meet the requirements of this bill. One school system Anne Arundel County fully meets this bill. With just 10 minutes of modification to Garrett County's high school start times, they would meet it as well. (Enclosures 1, 2, 3, 4)**

Despite the ever-increasing research on the benefits of safer, healthier, and age-appropriate school hours and encouragement through Maryland legislation in 2014 and 2016, **relying on local control and local advocacy efforts has resulted in limited success in Maryland.** It has taken decades of advocacy, hard fought election of supportive Boards of Education members, and nearly as many steps backwards as forwards to advance implementation plans, despite the well documented benefits. When school systems are unable to act, the state of Maryland has an obligation to help them.

The 2014 joint report by the Maryland State Department of Education and Department of Health was prescient in stating,

"...in preserving the status quo whereby school start times are a matter for each local jurisdiction, the state risks letting local resistance trump a strong body of scientific evidence that sleep is critical to health and academic achievement."²

Opponents focus on assumptions of increased logistics expenses, but ignore the current cost to student physical and mental health, safety, attendance, graduation rates, academics, and the return on investment in greater lifetime earnings as calculated by a 2017 Rand report.³

¹ <u>https://www.startschoollater.net/md---statewide.html</u>

² <u>http://www.startschoollater.net/uploads/9/7/9/6/9796500/maryland_dhmh_school_start_time_report_123114.pdf</u>

³ <u>https://www.rand.org/pubs/research_reports/RR2109.html</u> and <u>https://www.washingtonpost.com/opinions/lets-end-the-annual-fall-march-of-the-zombies-in-maryland/2018/09/28/5daad216-b1f5-11e8-9a6a-565d92a3585d_story.html</u>

It is worth noting that <u>both Anne Arundel County</u> (school year 2022-2023) <u>and Howard County</u> (school year 2023-2024) <u>implemented new school hours at zero additional cost</u>. While recent estimates to further compress Howard County 's school hours into a shorter delivery window of 95 minutes from 115 minutes, recommend additional buses and is subject to budget constraints, assumptions of increased costs are often unfounded. Anne Arundel County went from an estimate of \$8-9 million in 2014, to cost neutral in 2022, because there was so much waste in the transportation system, as well as incorrect assumptions and perceptions about operations, including legacy ways of bus routing using post-it notes. Other Maryland school systems may be able to implement cost neutral bell times, and may even be able to save money, as many school systems across the nation have done.

What helped both Anne Arundel and Howard County implement safer, healthier, and more ageappropriate school start times was the use of outside transportation experts to assist the school system in thinking through their transportation policies and operations, as well as teach them to fully use their transportation routing software.⁴ As recently as 2021, the Office of Legislative Audits noted that 18 of 24 school systems were not fully using their school bus routing software.⁵ (Use of school bus routing software has been recommended in Maryland since the *1975 Report of the Task Force to Review the Public School Pupil Transportation Program.*⁶) **Transportation is not the biggest obstacle to new school hours. Fear of change is the largest obstacle.**

There are many logistical solutions to implement new school hours, but current staff frequently lack the necessary tools, equipment, expertise, experience, or training to untie the tangled knots of school logistics. Furthermore, the overreliance on local school systems to enact new school hours is a barrier to improvement in Maryland students' physical and mental health, safety, and academics. **School systems need legislative assistance in setting a floor for the earliest start times and eliminating the fear of change.** Just as the General Assembly sets the floor for minimum total hours of school and/or minimum number of school days, so to, can the General Assembly set a minimum school start time.

There is flexibility within the law for implementation, to allow school systems to make decisions appropriate for their community. Elementary school start times are not addressed in the legislation, allowing communities and school systems the flexibility to determine appropriate elementary school start times. In Maryland, elementary schools start as early as 7:30 and as late as 9:25. Safety concerns about elementary students starting too early or releasing too late, should already be part of the conversation in each school system, in addition to discussions of the research-based recommendations on middle and high school start times.

Our school systems showed incredible creativity and flexibility during the uncertainty of the Covid-19 pandemic. Things that were not thought to be possible, were implemented, evaluated, and continuously adjusted. The same creativity and analysis can be applied to age-appropriate school hours. With several years to implement, school systems will identify barriers to implementation, but I am confident they can work with their communities to address concerns and overcome hurdles. The option exists within the legislation to seek a waiver from the State Board of Education, if conditions exist that a school system cannot overcome. A wealth of resources and expertise exist within Maryland to assist

⁴ <u>https://www.startschoollater.net/uploads/9/7/9/6/9796500/01_13_2021_school_start_times_br.pdf</u> and <u>https://www.aacps.org/cms/lib/MD02215556/Centricity/Domain/280/Transportation%20Services%20comprehensive%20Evala</u> <u>ution%201-8-20.pdf</u>

⁵ <u>https://www.ola.state.md.us/Search/Report?keyword=&agencyId=&dateFrom=&dateTo=&reportTypeId4=4</u>

⁶ https://www.startschoollater.net/uploads/9/7/9/6/9796500/1975 msde transportation report.pdf

school systems with implementation. Four school superintendents in Anne Arundel, Howard, Montgomery, and Talbot Counties have experience implementing new bell times in their current or previous job.

If both Florida and California legislations can agree that school start time have become the responsibility of the state government (and it may be one of the rare things on which those two states agree), as well as the number of other states considering similar legislation in 2024 and 2025, including Pennsylvania, New York, Connecticut, New Hampshire, Nevada, Louisiana, and Oregon to name a few, then Maryland's legislators can and should, assume similar responsibilities when local school boards fail to act in the interest of student health and safety.

I ask for a favorable report on HB-1015: Public Middle, High, and Charter Schools - Start Time for Instruction.

Lisa E Van Buskik

Lisa VanBuskirk, P.E., Chapter Leader, Start School Later Maryland | Start School Later Anne Arundel County <u>sslaaco@gmail.com</u>

Enclosure (1): 2024-2025 Public School Hours in Maryland

Enclosure (2): Maryland Public High School Start Time

Enclosure (3): Maryland Public Middle School Start Time

Enclosure (4): Maryland Charter School Start Time

Start School Later, Inc., is a 501(c)(3) non-profit organization that works at local, state, and national levels to raise awareness about and advocate for safe and healthy school hours. Start School Later, StartSchoolLater.net, and the Start School Later logo are the trademarks of Start School Later, Inc. and are used here with permission. The statements made here by the Maryland chapter are not necessarily those of Start School Later, Inc.



2024-2025 Public School Hours

in Maryland

<u>RED</u> = (1) Middle and high school start times that do not meet the American Academy of Pediatrics recommendation that such schools *not* start before 8:30 a.m. and (2) the elementary school start time is earlier than 8 a.m.

<u>GREEN</u> = Start times of 8:30 a.m. or later for middle and high schools and/or elementary school starts of 8 a.m. or later, per the Orange Ribbon for Health School Hours.

* The Orange Ribbon for Healthy School Hours program was signed into law in April 2016. The certification has three levels, from lowest to highest: Limited, Honorable Mention, and Commended.

County/School District	HS start time or	MS start time	ES start time or	Does the district currently qualify for a Healthy
Allegany County	start ranges 7:40	or start ranges 7:40	start ranges 8:00 to 8:45	School Hours Orange Ribbon Recognition?*
	7.40	7.40	8.00 10 8.45	
Anne Arundel County	8:30	9:15	8:00 to 8:30	Yes! Eligible for Commended (the highest level)! Implemented in 2022-2023 school year
Baltimore City	7:30 to 9:00	7:30 to 9:15	7:30 to 9:15	Moved a number of schools earlier in the 2022-2023 school year.
Baltimore County	7:10 to 7:45	7:40 to 8:30	8:35 to 9:20	
Calvert County	7:25 to 7:40	7:22 to 8:25	8:30	
Caroline County	7:50	7:40	9:00	
Carroll County	7:30	8:25 to 8:35	7:45 to 9:30	
Cecil County	7:40	7:50-8:10	9:00	
Charles County	7:25 to 8:05	7:45 to 8:50	8:30 to 9:30	
Dorchester County	7:50 to 8:15	7:55 to 8:05	8:30 to 9:00	
Frederick County	7:30	8:00	8:20 to 9:00	
Garrett County	8:20	8:30	8:15 to 8:40	Yes! Eligible for Honorable Mention
Harford County	7:30	8:15	9 to 9:30	
Howard County	7:50	7:50 to 8:30	8:40 to 9:25	Yes! Eligible for Honorable Mention. Moved school hours in 2023-2024 school year. but there's still more work to do
Kent County	7:35	7:40	9:00	
Montgomery County	7:45	7:55 to 8:15	9:00 to 9:25	Yes, Limited or Honorable Mention! The district moved start times later than they were before in 2015, but there's still more work to do.
Prince George's County	7:30 to 9:30	7:30 to 9:30	7:30 to 9:15	Moved a number of schools (including nearly all high schools) earlier in the 2024-2025 school year.
Queen Anne's County	7:35	7:45	7:30 to 8:55	
Somerset County	7:30	7:20	8:00	
St Mary's County	8:00	7:20 to 8	8:25 to 9:00	
Talbot County	7:45 to 7:50	7:45 to 7:50	8:40	
Washington County	8:35- 9:05	7:20 to 8:35	7:30 to 9:15	
Wicomico County	7:45	7:45 to 9:15	8:15 to 9:15	
Worcester County	7:48 to 8:07	7:30 to 8:00	7:45 to 8:30	

Maryland Public Schools High School Start Times: 2024-2025 School Year

The American Academy of Pediatrics recommends that middle and high schools start at 8:30 a.m. or later.

The American Medical Association, American Psychological Association, American Academy of Child & Adolescent Psychiatry, the National Association of School Nurses, the Education Commission of the States and the National PTA agree.

As detailed here, the vast majority of Maryland public high schools open well before 8:30 a.m.

Bus pick-ups starting before 6 a.m. require students to wake at hours long before what is safe, healthy, and developmentally-appropriate for their still-growing brains and bodies. Teaching sleep-deprived teens challenging academics, including AP courses, in the 7 a.m. hour is both cruel and undermining.

With such schedules, teenagers have to be in bed and *asleep* at 8 or 9 p.m. in order to get the amount of sleep they need. This just isn't possible — for biological and logistical reasons. When students oversleep and miss the bus, many wind up being extremely tardy or entirely absent from school due to having no transportation alternatives.

ALLEGANY COUNTY

Mountain Ridge	7:40
Allegany	7:40
Fort Hill	7:40
Center for Career/Technical	
Education	7:30

INF	ARI	IND	FI C	OUNT	'Y

	•	
Annapolis		8:30
Arundel		8:30
Broadneck		8:30
Chesapeake		8:30
Glen Burnie		8:30
Meade Senior		8:30
Northeast		8:30
North County		8:30
Old Mill		8:30
Severna Park		8:30
Southern	8:30	
South River		8:30
Phoenix Academy		9:15
Chesapeake Science Point Ch	narter	8:20

BALTIMORE CITY

Excel Academy At Francis M.	Wood	9:00
Benjamin Franklin at		
Masonville Cove		8:00
Claremont		9:15
Bard HS Early College		8:00
City Neighbors		9:00
Patterson	8:00	
Forest Park		7:30
Western		8:00
Edmondson-Westside		8:00
Baltimore Polytechnic Institu	ite	8:00
Mergenthaler Vo-Tech		7:45
Paul Laurence Dunbar		8:00
Digital Harbor		7:30
Reginald F. Lewis	8:00	
Frederick Douglass	8:00	
Carver Vo-Tech		7:45
Baltimore City College		7:30

Loch Raven

Williams S Baer School		9:15	New Town		7:45
Reach! Partnership School	8:45		Overlea		7:45
Bluford Drew Jemison			Owings Mills		7:45
STEM Academy		8:00	Parkville		7:45
Baltimore Leadership Youn	g		Patapsco	7:45	
Women		8:45	Pikesville	7:40	
Baltimore Collegiate Schoo	l for		Perry Hall		7:45
Boys		7:30	Patapsco	7:45	
Baltimore Design School		8:45	Randallstown		7:25
Baltimore School for the Ar	rts	8:00	Rosedale Center		7:00
National Academy Foundat	ion	8:45	Sollers Point Technical		7:45
New Era Academy		7:30	Sparrows Point		7:45
Vivien T. Thomas Medical A	Arts		Towson		7:40
Academy		7:30	Woodlawn		7:30
Acad. for College/Career					
Exploration		8:00	CALVERT COUNTY		
Augusta Fells Savage Inst.			Calvert		7:40
Visual Arts		8:00	Career and Technology Aca	idemy	7:40
Coppin Academy		8:00	Northern	7:25	
Renaissance Academy		7:45	Patuxent	7:25	
Career Academy		9:00	Huntingtown		7:25
Success Academy		8:45			
Youth Opportunity Academ	ny 9:00		CAROLINE COUNTY		
			Colonel Richardson		7:43
BALTIMORE COUNTY			North Caroline		7:50
Catonsville		7:45	Caroline Career & Technolo	ogy	
Dundalk	7:45		Center		7:50
Chesapeake		7:45			
Dulaney		7:45	CARROLL COUNTY		
Eastern Technical	7:45		Century		7:30
Franklin		7:40	Francis Scott Key		7:30
Hereford		7:40	Liberty		7:30
Kenwood		7:45	Manchester Valley	7:30	
Landsdowne		7:45	South Carroll		7:30
Lash Davias		7.45			

7:45

Westminster

7:30

This handout was provided by Start School Later Maryland (www.StartSchoolLater.net)

Maryland Public Schools High School Start Times: 2024-2025 School Year

Winters Hill	7:30	Tuscarora	7:30					Bowie		7:30
Carroll Springs	8:35	Urbana		7:30	KENT COUNTY			Central		7:30
Gateway 7:30		Walkersville		7:30	Kent County		7:35	Charles Flowers		7:30
		LYNX at Frederick		8:54			1.00	Crossland	7:30	
CECIL COUNTY					MONTGOMERY COUNT	Y		Dr. Henry A. Wise, Jr		8:30
Perryville 7:40		GARRETT COUNTY			Bethesda Chevy Chase	-	7:45	Duval		8:30
North East HS	7:40	Northern	8:25		Clarksburg		7:45	Eleanor Roosevelt	8:30	
Bohemia Manor	7:45	Southern	8:25		Albert Einstein		7:45	Fairmont Heights		8:30
Elkton	7:30				Montgomery Blair	7:45	-	Frederick Douglass	7:30	
Cecil County School of Technology	8:00	HARFORD COUNTY			Damascus	_	7:45	Friendly		7:30
Rising Sun	7:45	Aberdeen	7:30		Gaithersburg		7:45	Gwynn Park		7:45
		Bel Air		7:30	James Jubert Blake	7:45		High Point		7:30
CHARLES COUNTY		C. Milton Wright		7:30	Thomas Edison		7:45	International HS Langly Pa	rk 7:30	
Henry E Lackey	7:25	Edgewood		7:30	Walter Johnson		7:45	International HS Largo		9:30
La Plata	7:30	Fallston		7:30	Winston Churchill	7:45		Largo		7:30
McDonough	7:30	Harford Technical		7:30	John F Kennedy		7:45	Laurel		8:30
North Point	8:05	Harve de Grace		7:30	Col. Zakok Magruder		7:45	Non-Traditional Program N		9:30
Thomas Stones	7:30	Joppatown		7:30	Richard Montgomery		7:45	Non-Traditional Program S	outh	9:30
Westlake 7:30		North Harford		7:30	Northwest		7:45	Northwestern		8:30
St Charles	7:25	Patterson Mill		7:30	Northwood		7:45	Oxon Hill	9:30	
Robert D. Stethem Educational					Paint Branch		7:45	Parkdale	7:30	
Center	7:50	HOWARD COUNTY			Poolesville		7:45	Potomac	7:30	
		Atholton HS		7:50	Quince Orchard		7:45	Suitland	8:30	
DORCHESTER COUNTY		Centennial HS		7:50	Rockville	7:45		Surrattsville		8:30
Cambridge-South Dorchester 8:15		Glenelg HS		7:50	Seneca Valley		7:45			
North Dorchester	7:50	Hammond HS		7:50	Sherwood		7:45	QUEEN ANNE'S COUNT	Y	
		Howard HS		7:50	Springbook		7:45	Queen Anne's County		7:35
FREDERICK COUNTY		Long reach HS		7:50	Watkins Mill		7:45	Kent Island		8:00
Brunswick	7:30	Marriotts Ridge HS	7:50		Wheaton	7:45				
Catoctin	7:30	MT Hebron HS		7:50	Walt Whitman		7:45	SOMERSET COUNTY		
Frederick 7:30		Oakland Mills HS		7:50	Thomas S. Wooton	7:45		Washington		7:30
Governor Thomas Johnson	7:30	Reservoir HS		7:50				Crisfield		7:30
Linganore 7:30		River Hill HS		7:50	PRINCE GEORGE'S COUL	<u>NTY</u>				
Middletown	7:30	Wilde Lake HS		7:50	Academy of Health Science	PGCCC	9:30			
Oakdale	7:30	Applications & Research La	b 7:50		Bladensburg		9:30	ST MARY'S COUNTY		

Maryland Public Schools High School Start Times: 2024-2025 School Year

Chopticon	8:00
Great Mills	8:00
Leonardtown	8:00

TALBOT COUNTY

Easton	7:45
St Michaels	7:50

WASHINGTON COUNTY

Barbara Ingram School for th	e Arts	9:05
Boyd J Michael, III Technical	9:00	
Boonsboro		8:35
Clear Spring		8:35
Hancock		8:35
North Hagerstown	8:35	
Smithsburg		8:35
South Hagerstown	8:35	
Williamsport		8:35

WICOMICO COUNTY

James M. Bennett	7:45	
Mardela MS/HS		7:45
Parkside	7:45	
Wicomico		7:45

WORCESTER COUNTY

Pocomoke		8:00
Snow Hill	8:07	
Steven Decatur		8:00

Maryland Public Schools Middle School Start Times: 2024-2025 School Year

The *American Academy of Pediatrics* recommends that middle and high schools start at 8:30 a.m. or later.

The American Medical Association, American Psychological Association, American Academy of Child & Adolescent Psychiatry, the National Association of School Nurses, the Education Commission of the States and the National PTA agree.

As detailed here, many of Maryland public middle schools open well before 8:30 a.m. There are also quite a few that begin after 8:30 a.m.

Early bus pick-ups require students to wake at hours long before what is safe, healthy, and developmentally-appropriate for their still-growing brains and bodies. Teaching sleep-deprived adolescents challenging academics, in the 7 a.m. hour is both cruel and undermining.

With such schedules, adolescents have to be in bed and *asleep* at 8 or 9 p.m. in order to get the amount of sleep they need. This just isn't possible — for biological and logistical reasons. When students oversleep and miss the bus, many wind up being extremely tardy or entirely absent from school due, when they lack transportation alternatives.

ALLEGANY COUNTY

Braddock MS		7:40
Mount Savage (K-8)	7:30	
Washington MS		7:40
Westmar MS		7:40

ANNE ARUNDEL COUNTY

Annapolis MS		9:15
Arundel MS		9:15
Bates MS	9:15	
Brooklyn Park MS		9:15
Central MS		9:15
Chesapeake Bay MS		9:15
Corkran MS		9:15
Crofton MS		9:15
Lindale MS		9:15
MacArthur		9:15
Magothy River MS	9:15	
Marley MS		9:15
Meade MS		9:15
North East MS		9:15
Old Mill MS North	9:15	
Old Mill MS South	9:15	
Severn River MS		9:15
Severna Park MS		9:15
Southern MS		9:15
Phoenix Academy	9:15	
Chesapeake Science Point Ch	arter	8:20

BALTIMORE CITY

Academy for College and Career	
Exploration	8:00
Arlington ES/MS	9:15
Armistead Gardens ES/MS	7:45
Baltimore Collegiate School for	
Boys	8:30
Baltimore Design School	8:45
Baltimore International	
Academy (K-8)	7:30
Baltimore International Academy	
West (K-8)	9:00

Baltimore Leadership School for	r	Glenmount ES/MS	8:00	
Young Women	8:45	Graceland Park-O'Donnell		
Baltimore Montessori Public		Heights ES/MS		7:30
Charter	8:00	Hamilton ES/MS		7:30
Barclay ES/MS	9:00	HampdenES/MS		7:30
Bay Brookes ES/MS 9:	00	Hampstead Hill Academy		8:00
Beechfield ES/MS	8:00	Harlem Park ES/MS	8:00	
Bluford Drew Jemison STEM		Hazelwood ES/MS	8:00	
Academy West	8:00	Highlandtown ES/MS No 21	5 8:00	
Booker T. Washington MS	8:45	Highlandtown ES/MS No 23	7 8:00	
Cherry Hill ES/MS	8:45	Holabrid ES/MS		9:00
City Neighbors Charter School	8:00	James McHenry ES/MS		9:00
City Neighbors Hamilton	8:00	John Ruhrah ES/MS	7:45	
City Springs ES/MS 8:	55	Joseph C. Briscoe Academy	7:30	
Claremont	9:15	Katherine Johnson Global		
Collington Square ES/MS	9:15	Academy (3-8)		8:00
Commodore John Rodgers ES/N	AS 9:00	KIPP Harmony Academy		7:30
ConnXions: Community Based		Lakeland ES/MS		8:45
Art School	9:00	Leith Walk ES/MS		8:00
Cross Country ES/MS	9:15	Lillie May Carroll Jackson Sc	hool	8:00
The Crossroads School	8:45	Lois T. Murray ES/MS		9:15
Curtis Bay ES/MS	7:30	Maree G. Farring ES/MS		8:00
Dickey Hill ES/MS 7:	30	Margaret Brent ES/MS		7:45
Dr. Nathan A. Pitts-		Midtown Academy	8:00	
Ashburton ES/MS	8:00	Montebello ES/MS	7:45	
Elmer A Henderson: A Johns		Morrell Park ES/MS		7:30
Hopkins Partnership		Mount Royal ES/MS		8:00
School	9:00	National Academy Foundati	on	8:45
Empowerment Academy	7:45	New Song Academy		8:45
Excel Academy at Francis M. Wo	ood 9:00	North Bend ES/MS	9:00	
Fallstaff ES/MS	7:30	Patterson Park Public Charte	er	
Forth Worthington ES/MS	7:45	School		7:45
Francis Scott Key ES/MS	9:00	Pimlico ES/MS		7:45
Franklin Square ES/MS	7:45	Roland Park ES/MS	8:00	
Garrett Heights ES/MS	9:00	Rosemont ES/MS		7:45
-				

Maryland Public Schools Middle School Start Times: 2024-2025 School Year

Southwest Baltimore Char	ter		Pa
School		8:45	Pe
Stadium School		7:45	Pir
Tench Tilghman ES/MS		8:00	Ric
Thomas Jefferson ES/MS		8:00	Ro
Thomas Johnston ES/MS		7:45	So
Turnbridge Public Charter	School	7:45	Sp
Vanguard Collegiate MS		7:45	Ste
Violetville ES/MS		7:30	Su
Walter P. Carter ES/MS		9:15	Wi
Waverly ES/MS		8:45	W
Westport Academy	9:15		
Williams S. Bear School		9:15	<u>C</u>
Woodhome ES/MS	7:30		Ca
			Mi
BALTIMORE COUNTY			No
Arbutus MS		8:20	Plu
Catonsville MS		8:15	So
Cockeysville MS		8:00	Wi
Crossroads Center	9:30		
Deep Creek MS		8:15	CA
Deer Park MS Magnet		8:10	Lo
Dumbarton MS		8:15	Co
Dundalk MS		8:15	
Franklin MS		7:50	CA
General John Stricker MS		8:25	Ea
Golden Ring MS		8:10	M
Hereford MS		7:40	No
Holabird MS		8:15	No
Lansdowne MS		8:05	Sh
Loch Raven Technical Acad	emy	8:15	Sy
Meadowood Education Ce	nter	8:00	We
Middle River MS		8:15	Ca
Northwest Academy of He	alth		Ga
Science		8:10	
			1

Parkville MS	
Perry Hall MS	
Pine grove MS	
Ridgely MS	
Rosedale Center	
Southwest Academy	
Sparrows Point MS	8:05
Stemmers Run MS	8:25
Sudbrook Magnet MS	
Windsor Mill MS	
Woodlawn MS	
CALVERT COUNTY	
Calvert MS	
Mill Creek MS	
Northern MS	
Plum Point MS	
Southern MS	
Windy Hill MS	
CAROLINE COUNTY	
Lockerman MS	
Colonel Richardson MS	
CARROLL COUNTY	
East MS	
Mt. Airy MS	
North Carroll MS	
Northwest MS	
Shiloh MS	
Sykesville MS	
West MS	
Carroll Springs K-12	8:35
Gateway 6-12	

8:10	CECIL COUNTY			West Frederick MS	8:00	
8:20	Bohemia Manor MS		7:40	Windsor Knolls MS	8:00	
8:10	Cherry Hill MS		7:40			
8:15	Elkton MS		7:40	GARRETT COUNTY		
7:00	North East HS		7:40	NorthernMS		8:30
8:05	Perryville MS		7:40	SouthernMS		8:30
	Rising Sun MS		7:40			
	CHARLES COUNTY			HARFORD COUNTY		
8:30	Theodore G. Davis	8:50		Aberdeen MS		8:15
8:30	John Hanson MS	8.30	8:30	Bel Air MS		8:15
8:15	Mathew Henson MS		8:30 8:30	Edgewood MS		8:15
	Mattawomen MS		8:25	Fallston MS		8:15
	Piccowaxen MS		8.25 7:45	Harve de Grace MS	8:15	
7:22	General Smallwood MS		8:40	Magnolia MS		8:15
8:05	Milton M. Somers MS		7:30	North Harford MS		8:15
7:22	Benjamin Stoddert MS		8:30	Patterson Mill MS		8:15
8:10			0.00	Southampton MS		8:15
8:25	DORCHESTER COUNTY					
8:07	Mace's Lane MS		7:50	HOWARD COUNTY		
	North Dorchester MS		7:55	Bonnie Branch MS	8:30	
	South Dorchester (K-8)		9:00	Burleigh Manor MS	8:30	
7:40	South Dorchester (K b)		5.00	Clarksville MS		7:50
7:40	FREDERICK COUNTY			Dunloggin MS		7:50
	Ballenger Creek MS	7:30		Elkridge Landing MS		7:50
	Brunswick MS	7.50	8:00	Ellicott Mills MS		8:30
8:35						
8:25				Folly Quarter MS		7:50
	Crestwood MS	ЛS	8:00	Glenwood MS		8:30
8:30	Crestwood MS Governor Thomas Johnson N	٨S	8:00 7:50	Glenwood MS Hammond MS		
8:25	Crestwood MS Governor Thomas Johnson N Middletown MS	ЛS	8:00 7:50 8:00	Glenwood MS Hammond MS Harper's Choice MS	8:30	8:30 8:30
8:25 8:25	Crestwood MS Governor Thomas Johnson M Middletown MS Monocacy MS	ЛS	8:00 7:50 8:00 8:00	Glenwood MS Hammond MS Harper's Choice MS Lake Elkhorn MS	8:30	8:30 8:30 8:30
8:25 8:25 8:25	Crestwood MS Governor Thomas Johnson M Middletown MS Monocacy MS New Market MS	ЛS	8:00 7:50 8:00 8:00 8:00	Glenwood MS Hammond MS Harper's Choice MS Lake Elkhorn MS Lime Kiln MS	8:30	8:30 8:30 8:30 8:30
8:25 8:25	Crestwood MS Governor Thomas Johnson M Middletown MS Monocacy MS	ЛS	8:00 7:50 8:00 8:00	Glenwood MS Hammond MS Harper's Choice MS Lake Elkhorn MS Lime Kiln MS Mayfield Woods MS	8:30	8:30 8:30 8:30 8:30 8:30
8:25 8:25 8:25 8:35	Crestwood MS Governor Thomas Johnson M Middletown MS Monocacy MS New Market MS Oakdale MS	ЛS	8:00 7:50 8:00 8:00 8:00 8:12 7:25	Glenwood MS Hammond MS Harper's Choice MS Lake Elkhorn MS Lime Kiln MS Mayfield Woods MS Mount View MS	8:30	8:30 8:30 8:30 8:30 8:30 8:30
8:25 8:25 8:25	Crestwood MS Governor Thomas Johnson M Middletown MS Monocacy MS New Market MS Oakdale MS Thurmont MS	ЛS	8:00 7:50 8:00 8:00 8:00 8:12	Glenwood MS Hammond MS Harper's Choice MS Lake Elkhorn MS Lime Kiln MS Mayfield Woods MS	8:30	8:30 8:30 8:30 8:30 8:30

| This handout was provided by Start School Later Maryland (www.StartSchoolLater.net)

Maryland Public Schools Middle School Start Times: 2024-2025 School Year

Patapsco MS		8:30	Shady Grove MS	
Patuxent Valley MS	7:50		Silver Creek MS	
Thomas Viaduct MS		8:30	Silver Spring International	8:15
			Sligo MS	
KENT COUNTY			Takoma Park MS	
Kent County MS		7:40	Tilden MS	
			Hallie Wells MS	
MONTGOMERY COUN	тү		Julius West MS	
Argyle MS	_	8:15	Westland MS	
John. T. Baker MS		8:15	White Oak MS	
Benjamin Banneker MS		8:15	Earle B. Wood MS	
Briggs Chaney MS		8:15		
Cabin John MS		8:15	PRINCE GEORGE'S COUN	ITY
Roberto Clemente MS		8:15	Benjamin StoddertMS	
Eastern MS		8:15	Benjamin Tasker MS	
William H. Farquhar MS		8:15	Buck Lodge MS	
Forest Oaks MS		8:15	Charles Carroll MS	8:30
Robert Frost MS		8:15	Drew Freeman MS	7:30
Gaithersburg MS		8:15	Dwight D Eisenhower MS	
Herbert Hoover MS	8:15		Earnest Everett Just MS	
Francis Scott Key MS		8:15	G. James Gholson MS	
Dr. Martin Luther King Jr.	MS 8:15		Glenridge Area MS	8:30
Kingsview MS		8:15	Greenbelt MS	
Lakeland Park MS		8:15	Gwynn Park MS	
Colonel E Brooke Lee		8:15	Hyattsville MS	
A. Mario Loiderman MS		8:15	James Madison MS	9:30
Montgomery Village		8:15	Kenmoor MS	
Neelsville MS		8:15	Kettering MS	
Newport Mill MS		8:15	Martin Luther King Jr. MS	
North Bethesda MS	8:15		Nicholas Orem MS	9:30
Parkland MS		8:15	Non_Traditional Program N	liddle
John Poole MS		7:55	Oxon Hill MS	
Thomas W. Pyle MS	8:15		Samuel Ogle MS	
Redland MS		8:15	Sonia Sotomayor MS @Ade	lphi
Ridgeview MS		8:15	Stephen Decatur MS	

	L_1	
8:15	Thomas Johnson MS	
8:15	Thurgood Marshall MS	
	Walker Mill MS	
8:15	William Wirt MS	
8:15		
8:15	QUEEN ANNE'S COUNTY	
8:15	Centerville MS	
8:15	Matapeake MS	
8:15	Stevensville MS	
8:15	Sudlersville MS	
8:15		
	SOMERSET COUNTY	
	Somerset Intermediate	
8:30		
8:30	ST MARY'S COUNTY	
8:30	Chesapeake Public Charter	8:03
	Esperanza MS	
	Leonardtown MS	
9:30	Margaret Brent MS	7:55
9:30	Spring Ridge MS	
8:30		
	TALBOT COUNTY	
9:30	Faston MS	
7:30	St Michaels MS/HS	7:50
9:30		7.50
	WASHINGTON COUNTY	
9:30	Boonsboro MS	
7:30	Clear Spring MS	
9:30	E. Russell Hicks MS	7:20
	Northern MS	7.20
9:30		
8:30	Smithsburg MS	
9:30	Springfield MS	7.20
9:30	Wester Heights MS	7:20
9:30		

WICOMICO COUNTY		
James M. Bennett MS		8:15
Mardela MS/HS		7:45
Pittsville MS		8:00
Salisbury MS		7:45
Wicomico MS		7:45
WORCESTER COUNTY		
Pocomoke MS		8:10
Snow Hill MS		8:00
Steven Decatur MS	7:30	

9:30 8:30 9:30 8:30

8:50 8:00 7:40 7:30

7:20

7:10 7:05

7:05

7:35

8:35 8:35

7:20 8:35 7:20

| This handout was provided by Start School Later Maryland (www.StartSchoolLater.net)



Average Charter Middle/High School Start Time		
Charter School Name (schools serving K-8 excluded)	Grades	Start Time
Baltimore Leadership School For Young Women, Baltimore MD	6-8	8:15:00 AM
Baltimore Leadership School For Young Women, Baltimore MD	9-12	8:30:00 AM
Chesapeake Math & IT Public Charter Middle School – North, Laurel MD	6-8	7:55:00 AM
Chesapeake Math & IT Public Charter High School – North, Laurel MD	9-12	7:55:00 AM
Chesapeake Math & IT Public Charter – South, Upper Marlboro MD	6-12	8:20:00 AM
Chesapeake Science Point, Hanover MD	6-12	8:20:00 AM
City Neighbors High School, Baltimore MD	9-12	9:00:00 AM
College Park Academy, Hyattsville MD	6-12	8:25:00 AM
ConneXions Community Leadership Academy	6-12	9:00:00 AM
Coppin Academy High School, Baltimore MD	9-12	8:00:00 AM
Green Street Academy, Baltimore MD	9-12	8:15:00 AM