

Hi, my name is Canaa Campbell, and I am a proud graduate of the We Rise program.

Being part of We Rise had a real impact on my life. The program helped me gain clarity, confidence, and direction. I learned how to set goals, manage my finances, prepare for the workforce, and communicate in a more professional way.

One of the most important things I learned through We Rise was how to set a goal and create a plan to reach it. I learned that goals don't just happen, they take intention, structure, and follow-through.

My goal is to teach people how to cook.

The steps I have identified to achieve my goal are:

First I need to finish school and save my money so, I can buy my cooking things to start my practice.

Second, I need to make a page dedicated to my cooking, to show people how to cook and tell them how it would benefit them.

Third, Keep up with my progress and reflect when it is needed, to avoid stress.

We Rise taught me that progress happens one step at a time and that staying consistent matters.

Having We Rise in Park Heights means our community is being supported and invested in. It shows that our potential is seen and valued. We Rise created a space where I felt encouraged, challenged, and prepared for what's next.

I'm grateful for this experience, and I'm confident that the lessons and skills I gained from We Rise will continue to guide me moving forward.