



BILL: SB 307 Public Schools - Restocking Menstrual Hygiene Products - Requirement

DATE: February 27, 2026

POSITION: Favorable with Amendments

COMMITTEE: Education, Energy, and the Environment

As the state chapter of the leading national organization centered on creating and sustaining inclusive K-12 education for LGBTQIA+ students, Glisten Maryland supports SB 307 with amendments.

As written, this bill would require public schools in Maryland to phase in a plan to restock menstrual products in women's restrooms. Developing a plan to restock these products is essential to ensuring students have access to menstrual products when they need them. A 2025 survey found that 1 in 4 students experience "period poverty" defined by not having access to menstrual products when they need them.¹ Period poverty makes it more likely students miss class and fall behind in school. Ensuring reliable, stigma-free access to menstrual products supports student dignity, academic success, and overall well-being.

Glisten Maryland suggests that this bill be amended to include providing menstrual products in all restrooms in addition to women's restrooms. Many students, including but not limited to transgender and nonbinary students, choose to access restrooms other than the women's restroom for a variety of reasons, including increased privacy, ease of access, and safety. Providing menstrual products free of charge in all restrooms would increase access to these products among people who need them. This would also make Maryland state law consistent with other recently passed legislation, including Utah (2002 legislation provides products in women's and unisex restrooms), New Mexico (2023 legislation provides products in at least one men's restroom), and Virginia (2020 legislation provides menstrual products in all middle and high school restrooms), among other states.

Accordingly, Glisten Maryland respectfully requests a **FAVORABLE WITH AMENDMENTS** committee report on SB 0307.

For further information, please contact Jaden Farris, jaden@md.glsen.org

ABOUT GLISTEN:

Glisten (previously GLSEN), the nation's largest advocate for LGBTQ+ issues in K-12 education, has been dedicated to establishing inclusive schools and learning environments for over 34 years. Amidst increasing threats against LGBTQ+ youth nationwide, Glisten actively addresses harassment and discrimination by empowering educators, advocating for policy changes, and combating book bans.

¹ Thinx, Inc., & PERIOD. (2025). State of the Period 2025: The widespread impact of period poverty on U.S. students <https://period.org/uploads/2025-State-of-the-Period-Study.pdf>