

# RAPID HEALTH IMPACT ASSESSMENT

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The Potential Health Impacts of Incinerators and  
Power Plant Byproducts on Communities in  
Brandywine, MD

**Katrina Bibb, Weibo Chen, Vivenie Escalante,  
Angela Ferelli and Lindsey Zemeir**

# OUTLINE



## SCREENING



## SCOPING

- Health Effects Considered
- Affected Populations
- Methods



## ASSESSMENT

- Population and Sociodemographic Status
- Baseline Health Status
- Air Quality Data
- Traffic Data
- Toxins, Health Impacts & Data Gaps
  - A. Power Plants
  - B. Landfills
  - C. Incinerator



## RECOMMENDATIONS

- Zoning Modifications
- Zero waste and Anaerobic Digestion
- Promoting Salutogenesis in Prince George's County
- Cumulative Health Impact Bill
- Other Related Successful HIAs



## SUMMARY



## REFERENCES

# 1

# SCREENING

- Brandywine, Maryland
  - **One gas-fired power plant**
  - **Two additional gas-fired power plants** under construction.
- Neighboring towns
  - **One gas-fired power plant**
  - **Another one under construction**
  - In the future, the area will hold **five gas-fired power plants**
- Neighboring town of Upper Marlboro
  - A landfill is **scheduled to fill up by 2021**
- Sewage treatment plant with a sewage sludge incinerator southeast of Upper Marlboro
  - The sludge incinerator site is likely site of **new trash incinerator** the county is proposing to solve the landfill issue

*“Can tell air quality is bad – Air is hard to breathe, a lot of asthma in area... Woman who grows herbs says that on bad days, plants begin to die. Traffic is horrendous on little road already.”*

*- Stakeholder Interview*

*“As usual, the county tried to use southern Prince George’s County as a dumping ground for facilities that no county residents want in their neighborhood. Even then, our county council member did not side with us or even let us know about it.”*

*- Stakeholder Interview*

# 2

# SCOPING

- **Health Effects Considered**
- **Affected Populations**
- **Methods**

# Health Effects Considered

- **Research of the literature** to determine health impacts to evaluate
- Input was collected from **stakeholders** who identified **air quality, traffic density, mercury, and methane** as their main concerns.
- **Potential health effects** are divided into the following categories:
  - Power plants
  - Landfills
  - Incinerators

# Affected Populations

- Individuals who **live near** these locally unwanted land uses (LULUs)
  - **Identified through the literature :**
    - **Infants and Toddlers** (approximate ages 0-3)
    - **Children** (approximate ages 4-11)
    - **Elderly** (65 years and older)
    - **Pregnant Women**
    - **Economically Disadvantaged**
    - **Racial and Ethnic Minorities** (ex. African American, Hispanics)
    - **The Uninsured**
    - **People with Chronic Health Conditions** (ex. **Diabetes, Hypertension, Asthma, Cardiovascular Disease**)

# Methods

- **Literature review**
  - **Summary of available data on existing **baseline conditions** at the smallest unit of data available (ex. Census tract or zip code)**
    - When unable to do so, county level data was used and when possible, compared to statewide statistics.
- **Stakeholder Interviews**
- **Population and Sociodemographic Data**
- **Baseline Health Data**
- **Air Quality Data**
- **Traffic Data**

# 3

## ASSESSMENT

- **Population and Sociodemographic Status**
- **Baseline Health Status**
- **Air Quality Data**
- **Traffic Data**
- **Toxins, Health Impacts & Data Gaps**
  - A. Power Plants**
  - B. Landfills**
  - C. Incinerators**

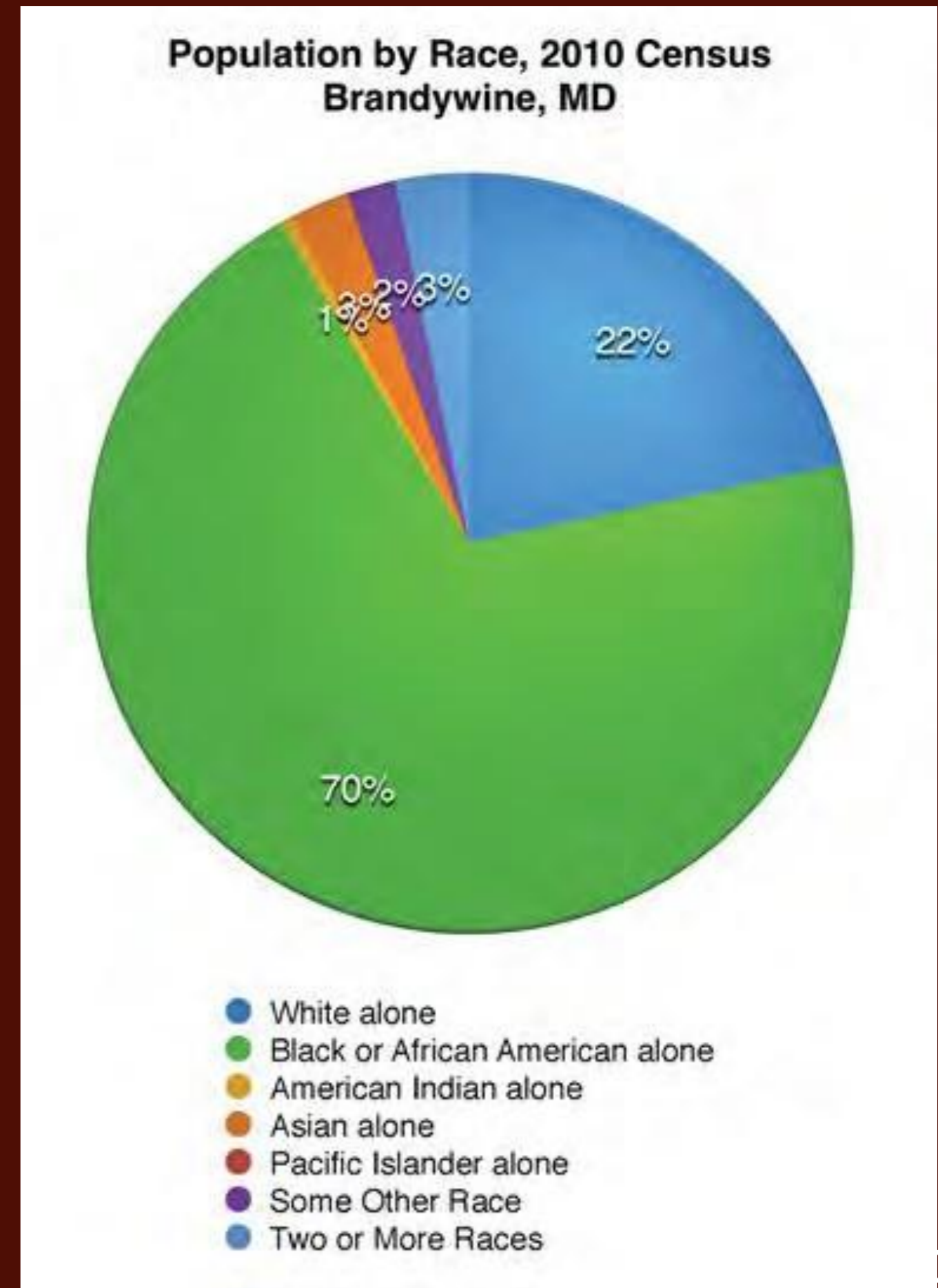
# Population & Sociodemographic Status

**Brandywine** = 80% minority population  
Maryland = 45% minority population

Most residents have only received  
**high school education**

Average income for Brandywine  
residents = \$38,000/year

**1/3 of Brandywine population is children**



# Baseline Health Status (PG

## County)

- Prince Georges County ranked, **16<sup>th</sup> of 24 counties** for general outcomes.

- **15<sup>th</sup> of 24 counties** for health factors.

Compared to Maryland: **higher rates of obesity**, poorer birth outcomes (**low birth weight, infant mortality**)

- **Over 60% of deaths** in PG County related to **chronic diseases**.  
Racial disparities in **cancer mortality rates**.

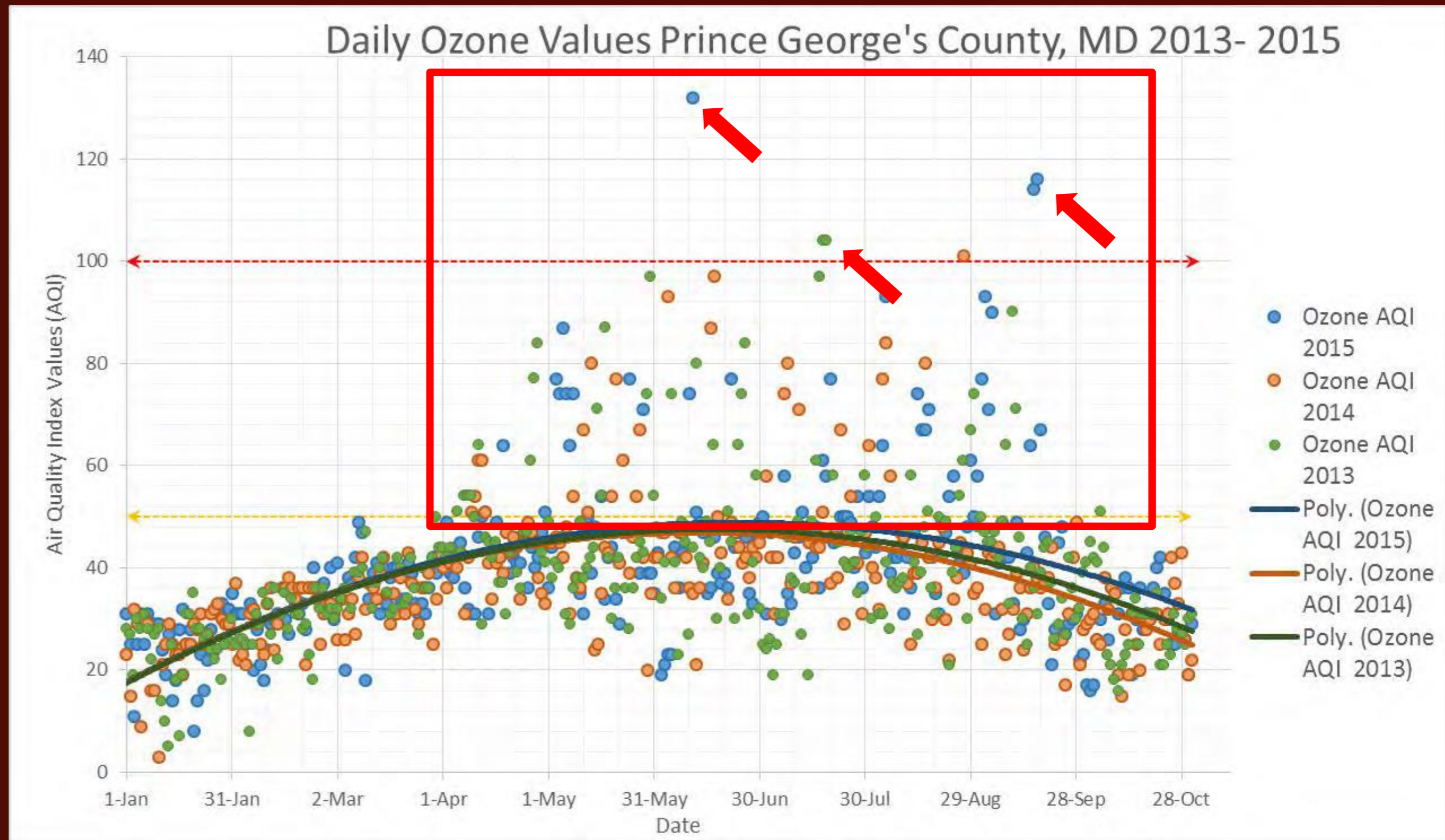
- **Access to Health Care: Higher rates of Uninsured residents** compared to Maryland. Brandywine, MD is HRSA designated **Medically Underserved Area (MUA)**.

# Air Quality Data 2013-2015

Prince George's county has been **nonattainment** for 8 hour ozone since 1994

**12%** of all days measured (2013-2015) were at least **moderate** for air pollution

**3** days reported air quality as **unhealthy for sensitive groups** in 2015 as opposed to **2 & 1** days 2013, 2014



Daily PM 2.5 readings in Prince George's county 2013-2015 1 January – 28 September. Data points above yellow dashed arrow indicate moderate PM 2.5 pollution days/. Trendlines (Blue: 2015, Orange: 2014, Green: 2013) indicate no increasing trend in daily PM 2.5. Data adapted from [http://www3.epa.gov/airquality/airdata/ad\\_viz\\_plotaqi.html](http://www3.epa.gov/airquality/airdata/ad_viz_plotaqi.html)

# Traffic and Particulate Matter

33% of all days measured PM 2.5 2013- 2015 are **moderate** air quality

PM 2.5 measurements taken during morning rush hour show highest concentration at **elementary** school

Studies have shown correlation between PM 2.5 and diesel truck flow, corroborated by our data

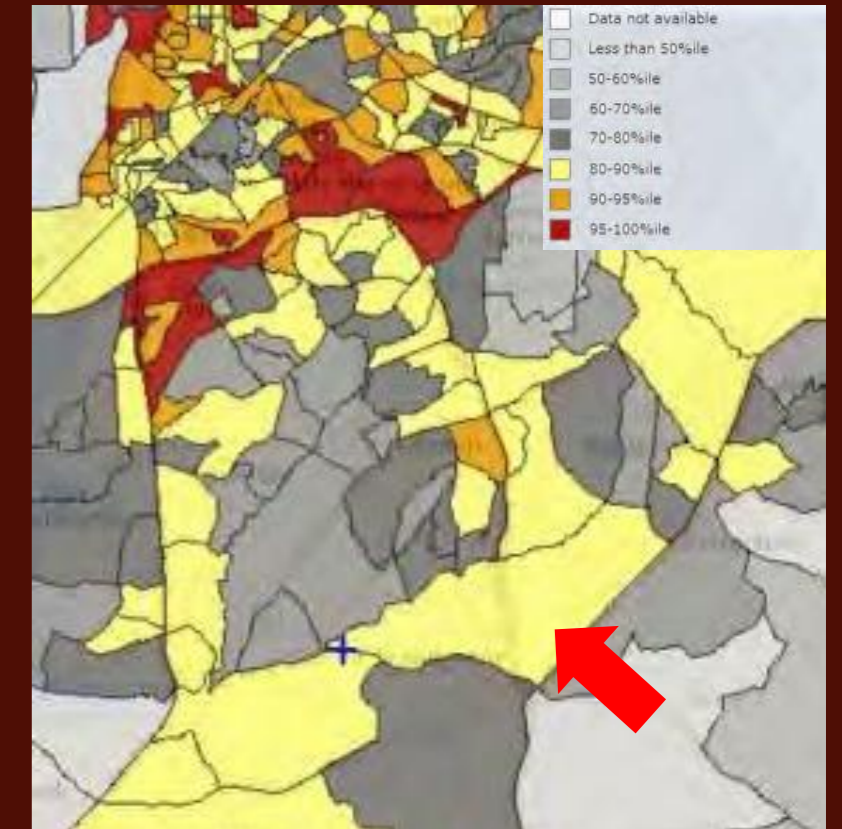
*Installing new infrastructure would further exacerbate Prince George's county air quality issues*

Table 4: Airbeam Air Monitoring Data 11-06-2015 ( in ug/m<sup>3</sup> )

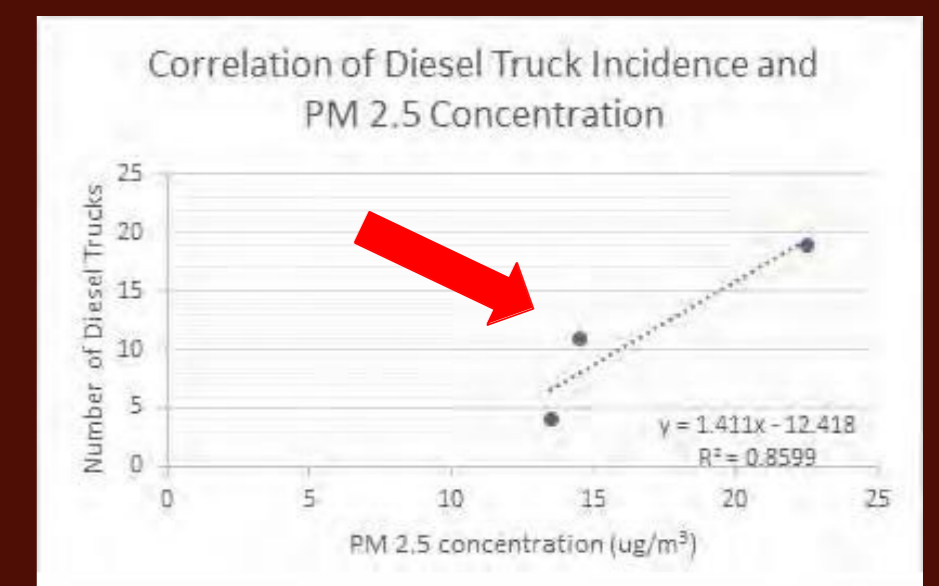
Time Stamp	Facility	Katrina	Vivenie	Overall Average
9:25-9:40 am	Brandywine elementary school average	23	22	22.5
	Brandywine elementary school peak	37	38	37.5
10:10-10:25 am	Panda Brandywine power plant average	14	15	14.5
	Panda Brandywine power plant peak	19	22	20.5
10:55-11:10 am	Proposed incinerator site average	12	15	13.5
	Proposed incinerator site peak	19	22	20.5

Table 5: Diesel Truck Counts in 15 min interval

Facility	Number of diesel trucks	Diesel trucks per minute
Brandywine elementary school	19	1.27
Panda Brandywine power plant	11	0.73
Proposed incinerator site	4	0.27



Traffic proximity of Brandywine, MD and surrounding communities. **Note** Brandywine community is in the 80-90th percentile and is delineated by an arrow





# Power Plants

# Power Plant: Toxic Outputs

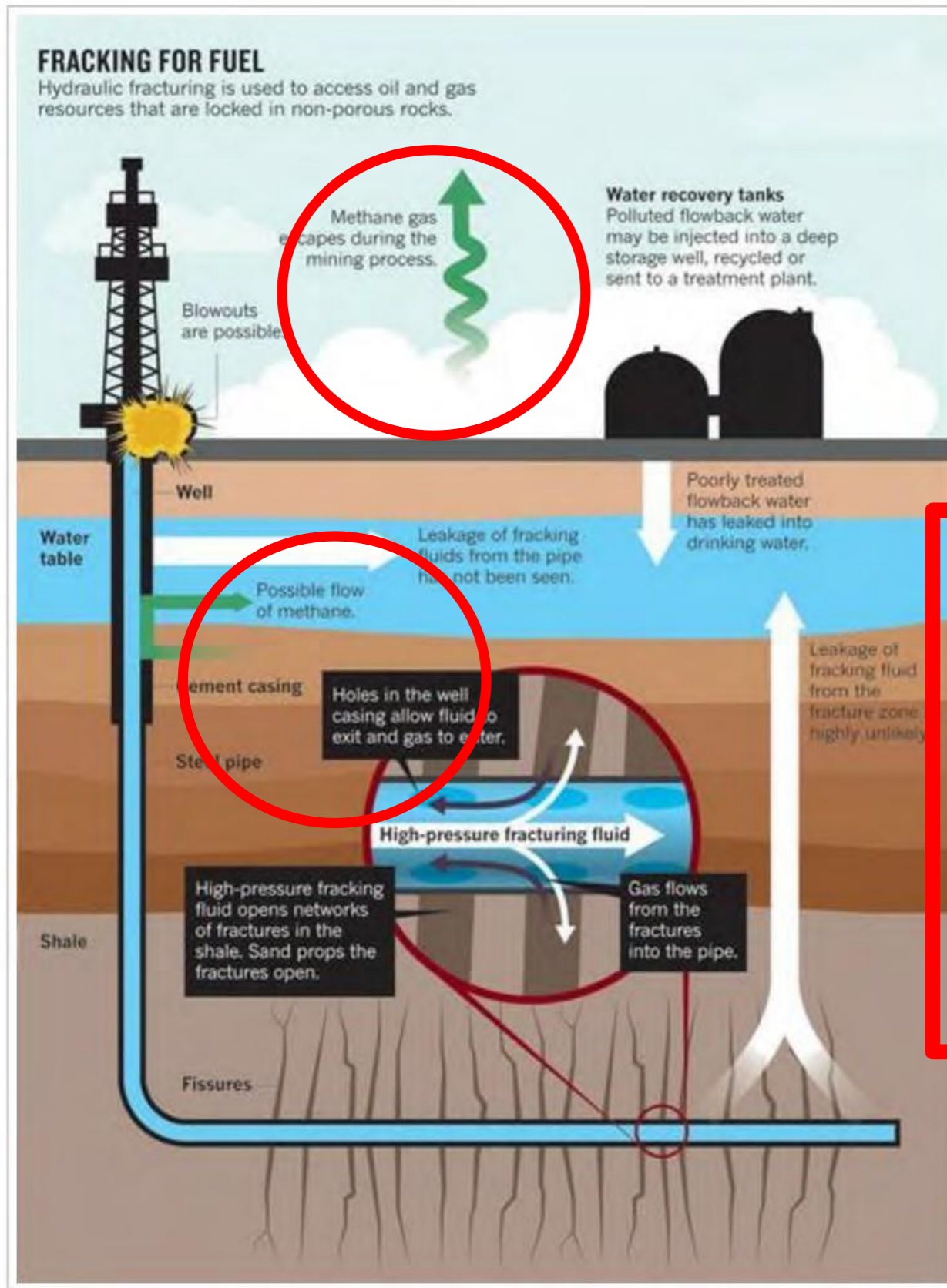
## Toxins

- **Natural gas fired power plants:**
  - ~ 50-60% less carbon dioxide emissions than coal fired plants
  - **Emit all 6 EPA criteria air pollutants:** ozone, PM, CO, NO<sub>x</sub>, SO<sub>2</sub>, Pb
  - **Biggest concern: Methane emissions and leakage**
  - Nitric oxide emissions + VOCs + heat + sunlight and other pollutants = **ground level ozone and particulate matter (PM<sub>2.5</sub>)**
  - High levels of **natural gas inhalation** from leakage are **toxic**.
  - Hydrogen sulfide, **silica**, noise pollution, **PM**, temperature extremes, natural occurring **radioactive material (NORM)** and a number of other hazardous chemicals.

# Power Plant: Potential Impacts

Study of the Potential Impacts of Hydraulic Fracturing on Drinking Water Resources: Progress Report

December 2012



## Water Use in Hydraulic Fracturing Operations

## Potential Drinking Water Issues

### Water Acquisition

- Water availability
- Impact of water withdrawal on water quality

### Chemical Mixing

- Release to surface and ground water (e.g., onsite spills and/or leaks)
- Chemical transportation accidents

### Well Injection

- Accidental release to ground or surface water (e.g., well malfunction)
  - Fracturing fluid migration into drinking water aquifers
  - Formation fluid displacement into aquifers
- Mobilization of subsurface formation materials into aquifers

### Flowback and Produced Water

- Release to surface and ground water
- Leakage from onsite storage into drinking water resources
- Improper pit construction, maintenance, and/or closure

### Wastewater Treatment and Waste Disposal

- Surface and/or subsurface discharge into surface and ground water
  - Incomplete treatment of wastewater and solid residuals
  - Wastewater transportation accidents

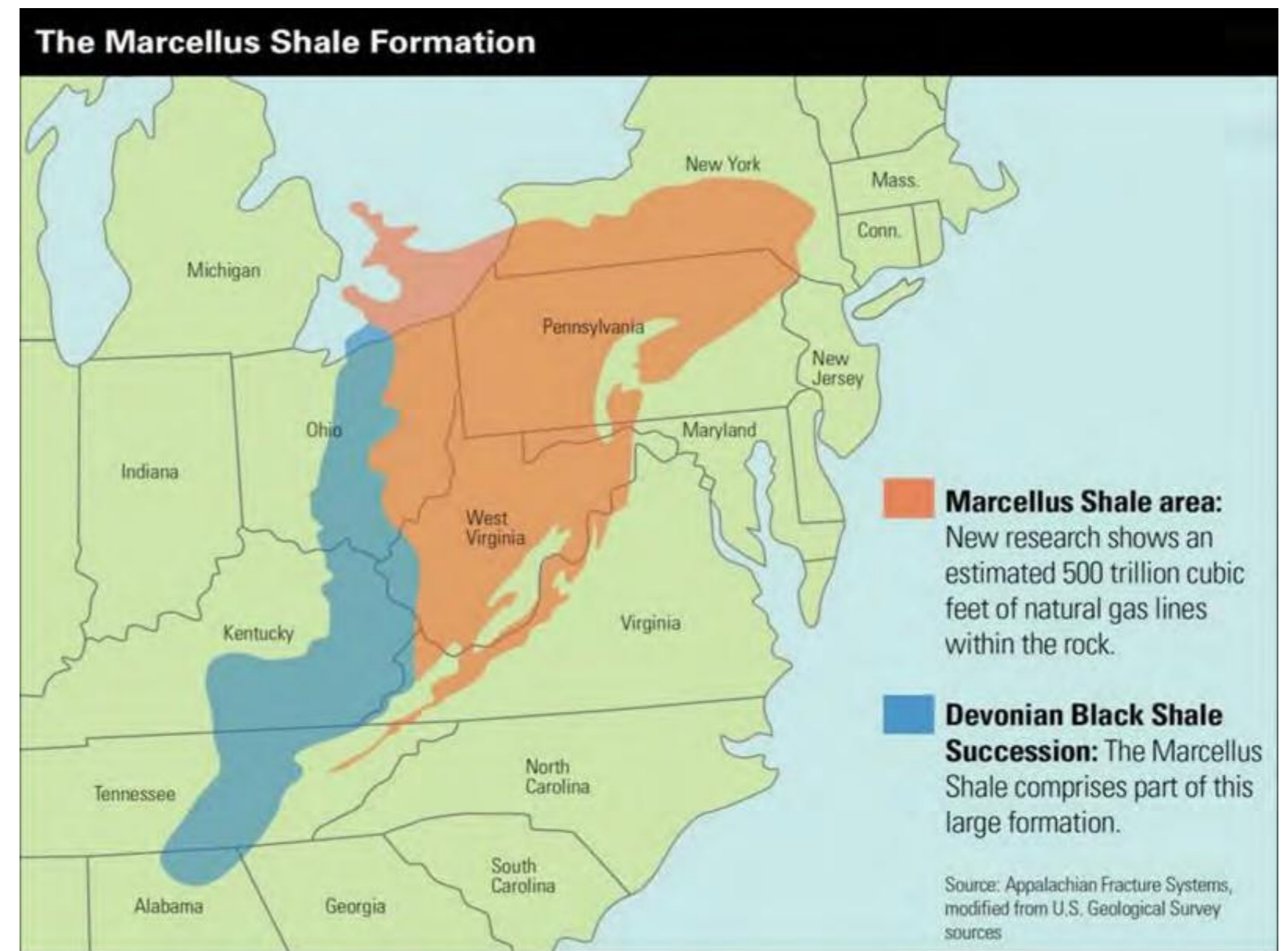
# Power Plant: Potential Impacts

## Health Effects:

- **Air pollution:** nitric oxides, VOCs and PM:
  - **Chronic Obstructive Pulmonary Disease (COPD)**
  - Nasal passage complications (loss of smell, irritation, nosebleeds)
  - **Respiratory irritation, increased asthma, bronchitis,** sinus issues
  - Neurological (headaches)
  - **Skin and eye irritation**
  - Painful joints and stress
- Over 30% of samples collected from 11 sites nationwide, crystalline silica levels
  - **exceeded NIOSH exposure limit** by ten fold
  - inhalation= **silicosis**, an **incurable lung disease**
- Collectively, 25% of chemicals associated with drilling are **carcinogenic**, over 35% effect the **endocrine system** and up to 50% of them affect the **nervous, immune, cardiovascular and renal systems.**

# Limitations and Gaps

- **52 members** of the Pennsylvania Governor’s Marcellus Shale Advisory Commission, the Maryland Marcellus Shale Safe Drilling Initiative Advisory Commission, and SEAB Natural Gas Subcommittee
- Study found no individuals with **health expertise**
- **Over 60%** involved in the public health hearing held by the SEAB Natural Gas Subcommittee **opposed natural drilling due to health issues.**
- “**Deep fracking**” process is **less than 20 years old**
- **Limited data** is available to extensively assess long term & **definitive** health effects





# Landfills

# Landfills

**Largest route for disposal of waste throughout Europe and North America.**

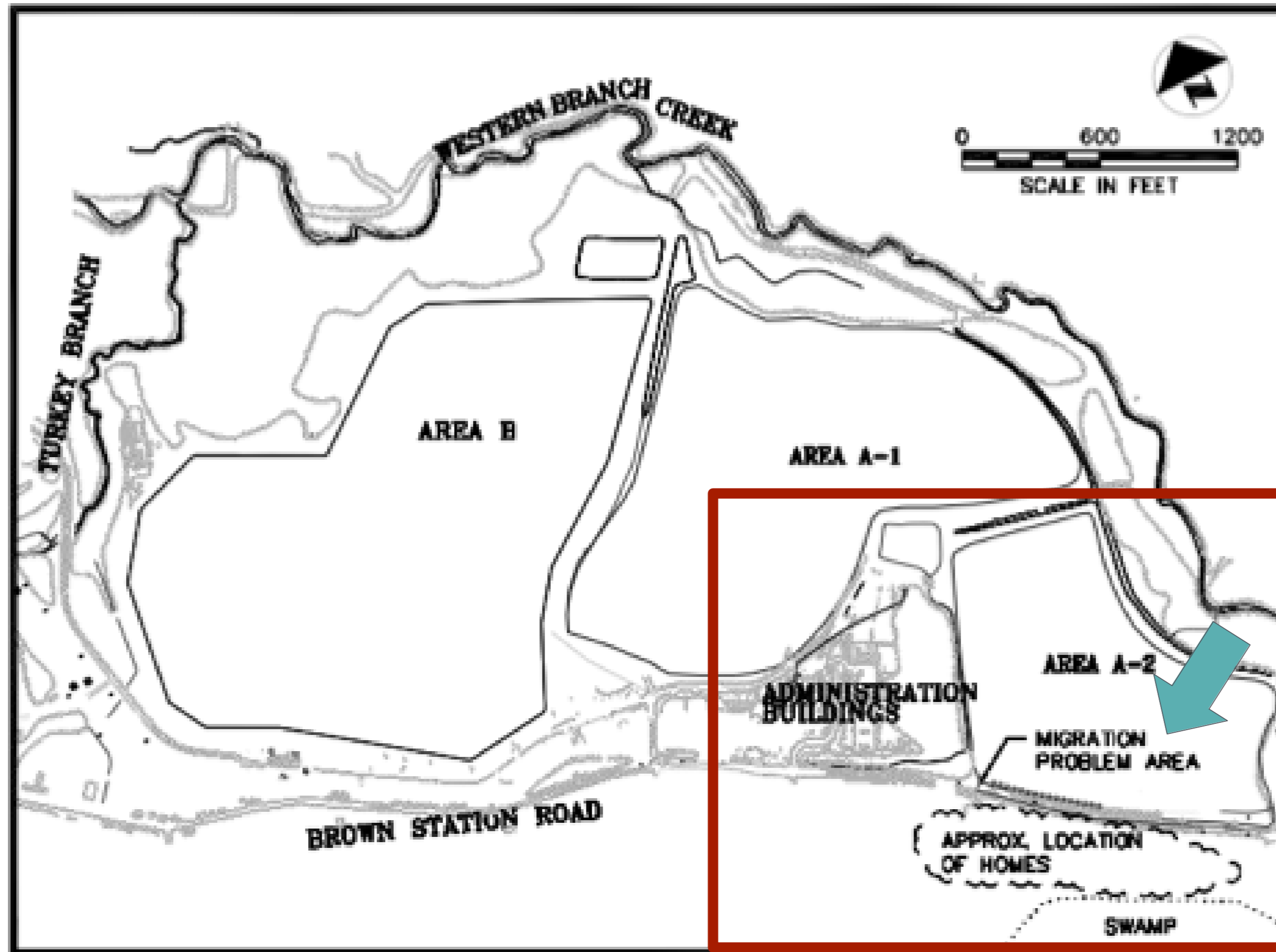
## Landfill gas (LFG)

- Primarily contains 45% to 60% **methane**, 40% to 60% **carbon dioxide** and less than 1% of trace gases such as **hydrogen sulfide**.
- Many **trace** elements.

## Liquid (Leachate)

- Highly **variable**. Large amounts of organic matter, ammonia-nitrogen, heavy metals (zinc, copper, cadmium, lead, nickel, chromium and mercury), chlorinated organic compounds, and inorganic salts.

# Description of Existing Site



# Landfill: Potential Impacts

## Adverse Birth Outcomes

- Most **consistently** linked to landfills.
- Most commonly reported in epidemiological studies:
  - **Low birth weight**
  - **Small for gestational age**
  - **Congenital malformations**
    - **Anterior abdominal wall defects (gastroschisis)**

# Landfill: Potential Impacts

## Adverse Birth Outcomes

- Multi-site study of **21 landfills** in **5 European countries** found a **33% increase** in risk in **infants born** to mothers **within 2 miles** of a **landfill** site.
  - **Neural tube defects**
  - **Malformation of the cardiac septa**
  - **Anomalies of the great arteries and veins.**
- Multi-site study of **9,565 landfill** sites in England, Wales and Scotland:
  - Same congenital malformations as above, including:
  - **Hypospadias and Epispadias.**

# Landfill: Potential Impacts

## Cancer Incidence

- Only consistent finding was **bladder cancer** in both males and females.

# Limitations and Gaps

- **Information** regarding potential **human exposure** to landfill sites is **lacking**.
- **Types** of **chemicals** contained in landfills and extent of **release**.
- Further complicated by **exposure** to **low doses** of **mixture of chemicals** over **long** periods of **time**.
- **Small sample size**.
- **Cancer** studies may have been conducted during an **inadequate period** of time, not allowing enough time for the **disease** to **manifest itself** in the exposed population.



# Incinerators

# Incinerator: Toxic Emissions

## Toxicants

- Municipal waste incineration releases a wide variety of toxic chemical byproducts, including **polychlorinated dibenzo-p-dioxins**, and **dibenzofurans (PCDD/Fs)** and **heavy metals**.
- Incinerator residues include:
  1. Bottom ash
  2. Grate siftings
  3. Boiler and economizer ash
  4. Fly ash
  5. Air pollution control (APC) residues

# Incinerator: Potential Impacts

## Pulmonary Function

- Individuals in communities near incinerators have **poorer overall respiratory function**
- **Vulnerable individuals** (with existing respiratory conditions) in incinerator communities had poorer pulmonary outcomes
- Increased **wheezing / headaches** in children at schools close to incinerator.

# Incinerator: Potential Impacts

## Reproductive Health / Birth Outcomes

- Increased frequency of **twinning** in areas with higher exposure
- Increase in infants born with **congenital anomalies** and **infant deaths** with close proximity to incinerator
- **Severe preterm births** (<32 weeks) and **low birth weight** for mothers exposed to incinerator pollutants

# Incinerator: Potential Impacts

## Cancer

- Exposure to incinerator emissions linked to increased risk for **all cancers** (stomach, colorectal, lung, liver, bladder, lymphomas, non-Hodgkin's lymphoma, soft tissue sarcomas)

## Mortality

- Increased risk for **mortality from multiple causes** (in employers at incinerator)
- Employment of at least one year at incinerator linked to increased rates of **lung/esophageal cancer** and **ischemic heart diseases**.
- Increase in **deaths** from ischemic heart disease and gastric cancer.

# Incinerator: Potential Impacts

## Build-up of Chemicals in Blood System

- Exposure to incinerator linked to increased **body levels of heavy metals** (especially hair mercury levels and organic chemicals)
- Higher **blood lead levels**, blood concentrations of **dioxins**

# Limitations and Gaps

- Follow residents living near incinerator for a longer period to assess **long-term health outcomes**.
- Examine **dosage effect** to determine if **length of exposure** impacts health outcomes.
- Examine **other health outcomes** beyond what has already been studied.

# 4

## RECOMMENDATIONS

- **Changes to county zoning**
- **Adoption of “zero waste hierarchy” and anaerobic digestion**
- **Cumulative Health Impacts Bill**
- **Promoting salutogenesis in Prince George’s county**

# Recommendations: Changes to Prince George's County Zoning

*We recommend changes to Prince George's county zoning regulations around industrial facilities and residential areas, specifically in Brandywine.*

## Current Standards

- Incompatible land uses seen **adjacent** to one another
- Buffer zones
  - must maintain **10%** green space inside the property
  - provide green buffers between residential uses and streets
- **Setback** distances = 60 feet with 50 feet landscaped

## Proposed Recommendations

- Revise **setback** distances, **green buffers**
- Restrict **incompatible** adjacent land uses
- Employ **health ordinances** in overlay zones around heavily burdened /at risk zones
- Mandate green **open space** O-S surrounding Industrial zones
- Opportunity: Prince George's county **zoning re-write** (October 2015)
  - main aims: promote economic growth via mixed land use, streamline zones, discourage incompatible adjacent land uses

# Recommendations: Zero Waste and Anaerobic digestion

Municipal Solid Waste (MSW) can contain up to **60% organic materials**.

Instead of using Incineration, the adoption of a “**zero waste**” scheme with **anaerobic digestion** may be an attractive option.

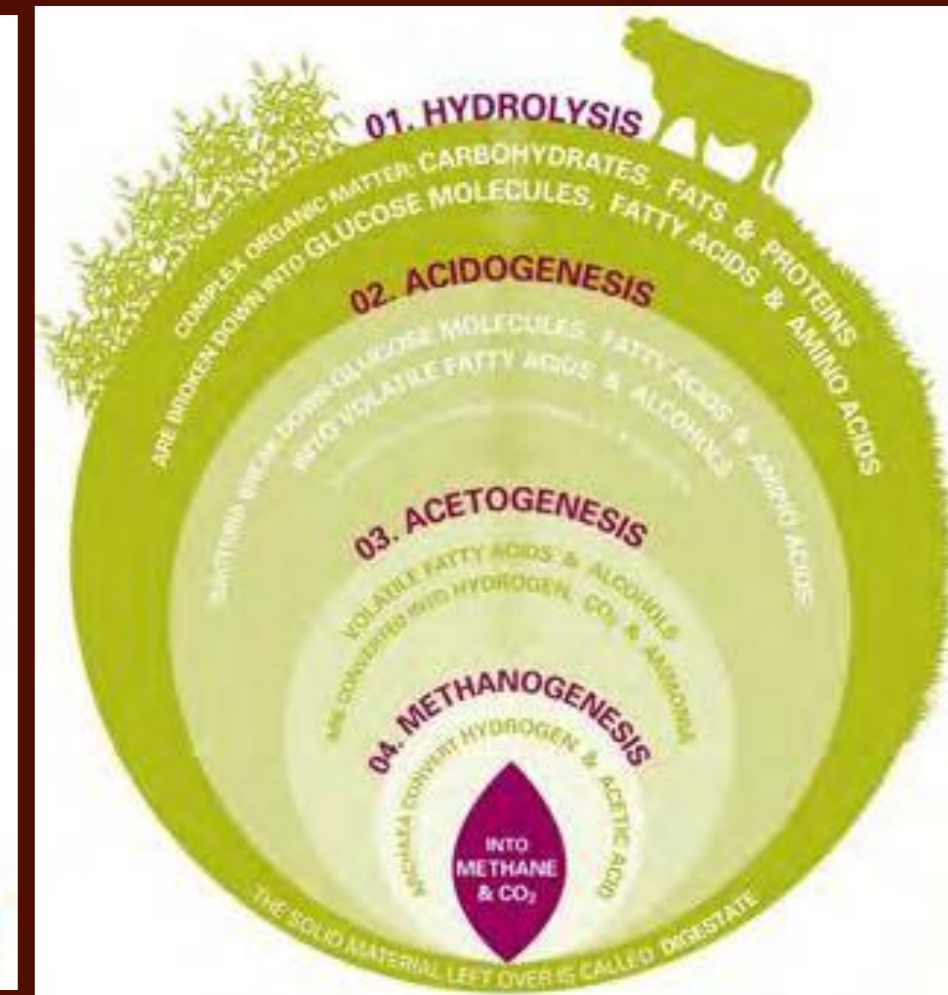
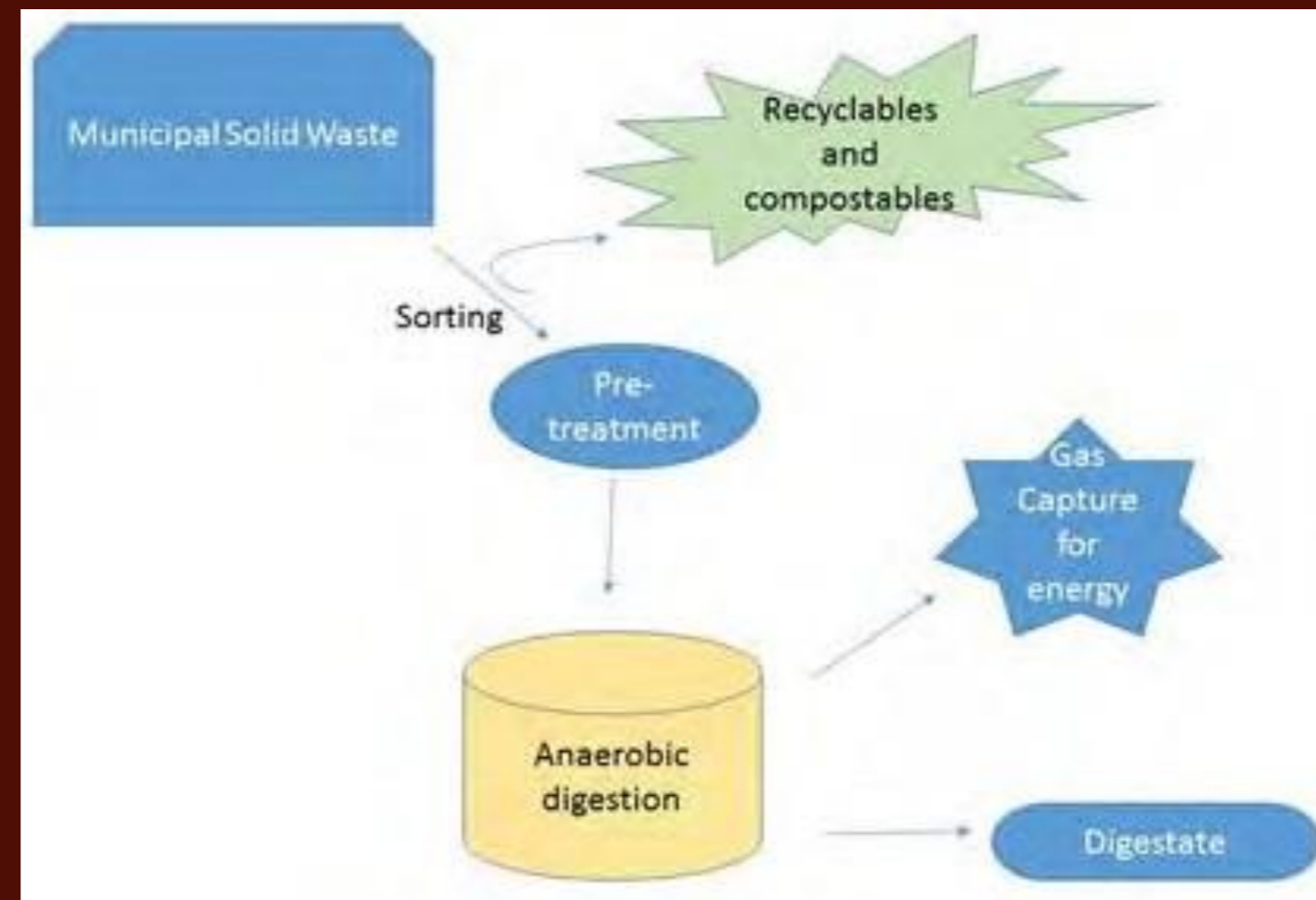


Zero waste hierarchy system adopted by Zero waste Europe to which anaerobic digestion plays a part in “recycle.” <http://www.zerowasteurope.eu/>

# Recommendations: Implementing Anaerobic digestion

Counties can implement Anaerobic digestion by:

- Establishing streamlined program for **recycling non-digestables**
- Utilizing already sited **landfills**
- Creating **public incentives**



Left – proposed schematic of handling MSW through the AD process and main products. Right- The four main processing in anaerobic digestion to convert complex sugars, proteins, and fats into methane, carbon dioxide, and water. <http://adbioresources.org/about-ad/what-is-ad/>

# Cumulative Health Impact Bill

## Senate Bill 693/House Bill 0987 “Environment - Ambient Air Quality Control- Cumulative Impact Assessments”

- Brought to legislatures February 2015
- Identify protected communities:
  - **economically disadvantaged** (Medicaid, supplemental support)
  - **life expectancies** below median for zip code versus rest of state
  - **low birth weight %** above median for specific zip code in state
- Other communities to consider:
  - vulnerable groups that could be negatively impacted within 0.25 of a non major source and 1 mile of a major source
- If source surpasses threshold for **PM2.5, SO2 NOx, VOCs**, collect air quality data for 12 consecutive months prior to construction

# Cumulative Health Impact Bill

**Senate Bill 693/House Bill 0987 “Environment - Ambient Air Quality Control- Cumulative Impact Assessments” cont’d:**

- **Identify pollutants of concern and impact**
  - **Applicant must categorize impact: none, low, significant**
- **Create a plan to mitigate impact on air quality**
- **Currently in the Senate**
  
- **This Bill sanctions precisely what we have done for this Rapid HIA**
  
- **It is our utmost recommendation that this bill is passed**
  
- **Main goal: address impacts of incinerators, landfills and related infrastructures impacting air and health outcomes in Maryland**

# Recommendations

*In the event the incinerator is built, we can recommend continuing actions for the community stakeholders to promote salutogenesis in Brandywine, Maryland.*

- **Zoning: negotiate setback distances, designate Open Space buffer zones**
- **Call for monitoring of emissions under the Clean Air Act**
- **Citizen science and local government**
  - collection of air quality data
  - formation of strong community group
- **Develop a health ordinance to monitor and regulate area criteria pollutants**
- **Conduct a more extensive Health Impact Assessment of this issue**

# Other Successful HIAs

- **California**

- San Francisco city planning with use of a **traffic mapping tool**
- Identifying **exposures of air pollutants** due to traffic
- Heat wave preparedness

- **New York**

- Air Pollution and the Health of New Yorkers: **The Impact of Fine Particles and Ozone**
- Public health response in regard to **climate change**
- **Informing local laws** to reduce health problems caused by air pollution

- **Maryland**

- **Potential Health Impact of Fracking in Western Maryland\***
- Baltimore City Health Department: **Health Equity** & Lexington Market
- Zoning for a **Healthy Baltimore**



# SUMMARY

- The Brandywine community consists of many **vulnerable** populations. Community residents are **burdened** by poor health outcomes and are part of an underserved population.
- They are already burdened by the existing **power plants** and **landfill**, as well as associated health outcomes, partly due to it being in a non-attainment zone.
- Many negative health outcomes can be predicted if the proposed **incinerator** is built.
- There are a number of solutions to replace the need for the incinerator, recommendations to counter its implications if constructed and a bill which has been brought to legislatures.



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