

SB0120 Health Insurance - Required Benefits for Dental Preventive Care - Frequency Limitation Interval (Healthy Moms and Family Smiles Act) - Maryland Legislative session 2026

Position: Favorable

Dental and oral hygiene health care is important. However, oral hygiene is a unique challenge to people with developmental disabilities. I am an Autistic woman and I work full-time in the developmental disabilities support service field as a case manager and previously as a direct support professional.

Many people with developmental disabilities, especially those requiring a level of support to warrant Medicaid Home and Community Based Services waivers, experience challenges with oral hygiene that include sensory sensitivities, executive functioning around habits and routine, and fine motor challenges. Although I do not receive Medicaid, I myself experience challenges with executive functioning and tactile sensory issues around oral hygiene. Flossing can bring a piercing feeling. I sometimes get so exhausted after a long day that I overlook brushing and flossing before bed.

With the reduction of interval days for insurance coverage of preventative dental care will greatly help maintain good oral hygiene.

I ask that this bill gets moved forward and I ask for a favorable outcome.

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