



**Committee:** Senate Finance Committee

**Bill:** House Bill 1365 - Health Occupations, Public Health, and Insurance – Menopause – Provider Training Coverage Requirements, Policy, Initiatives, and Access to Care

**Hearing Date:** March 25, 2026

**Position:** Support

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The Maryland Affiliate of the American College of Nurse Midwives (ACNM) strongly support *House Bill 1365 - Health Occupations, Public Health, and Insurance – Menopause – Provider Training Coverage Requirements, Policy, Initiatives, and Access to Care*. The bill advances access to evaluation and treatment of menopausal conditions by incentivizing providers to seek postgraduate education about menopause, requiring insurance coverage of evaluation and treatment of menopausal symptoms, engaging community health workers in outreach activities related to menopausal symptoms and treatment, and laying the groundwork for future initiatives through a study by the Maryland Commission for Women.

Women with menopausal symptoms have long been neglected by our healthcare system.<sup>i</sup> In the Study of Women’s Health Across the Nation (SWAN), researchers are conducting a longitudinal study to examine the health of women in their middle years. So far, SWAN has identified:

- Strategies to counteract loss of bone density during menopause;
- The impact of hot flashes on sleep and mental health;
- Steps to address memory and mental health challenges experienced during menopause; and
- The impact of declining estrogen on physical functions.<sup>ii</sup>

To improve health outcomes for people with menopause, House Bill 1365 focuses on health provider education, consumer awareness and engagement, and health insurance coverage. We need this type of multi-faceted strategy because the gaps in menopause treatment and awareness are so significant.

We ask for a favorable report on this legislation. If we can provide any further information, please contact Robyn Elliott at [relliott@policypartners.net](mailto:relliott@policypartners.net) or (443) 926-3443.

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<sup>i</sup> <https://www.sciencedirect.com/science/article/pii/S2214109X2400528X>

<sup>ii</sup> <https://www.swanstudy.org/fact-sheets/>