

HB 1527 – 2026 Regular Session

Complementary and Alternative Health Care - Practice Authorized (Complementary and Alternative Health Care Practice Act)

Position: Favorable

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My name is Meagan Bryant, and I am a Maryland resident and combat veteran. Over the years, I have undergone numerous surgeries and received extensive conventional medical care related to both service-connected conditions as well as peripheral conditions. I remain deeply grateful for the skill, dedication, and lifesaving expertise of the physicians and surgeons who treated me.

Despite appropriate surgical interventions and follow-up care, I continued to experience significant functional and cognitive challenges. At one point, my fatigue was so severe that I would fall asleep within seconds without warning and required as many as six naps per day. I struggled with persistent significant pain and extremely limited mobility. Although I sought answers through standard medical channels, I was unable to obtain a clear explanation for the constellation of symptoms I was experiencing.

In an effort to improve my overall function and quality of life, I explored complementary approaches alongside my conventional care. Over time, I incorporated numerous modalities which include but are certainly not limited to Rolfing, Nutrition Therapy, Acupuncture, Chiropractic, and Advanced Allergy Therapeutics, and Sound Therapy. I approached these options thoughtfully and as supportive measures, not as replacements for medical treatment.

Through these integrative efforts, I experienced meaningful improvements in my stamina, comfort, and physical performance. I progressed from being largely lethargic and painfully limited in movement to regaining a level of function that allowed me to return to competitive participation in a sport that I love. The ability to move freely and engage fully in life again has been profoundly important to me.

I share my experience not as a criticism of conventional medicine, but as a reflection of how multifaceted care contributed to my recovery journey. My hope is that patients navigating complex and unresolved conditions are able to make informed decisions about supportive care options in collaboration with qualified professionals.

Thank you for your time and consideration.