



Committee: House Health Committee

Bill: Senate Bill 892 – Public Health – Perimenopausal, Menopausal, and Postmenopausal Conditions

Hearing Date: March 31, 2026

Position: Support

The Maryland Affiliate of the American College of Nurse Midwives (ACNM) strongly support *Senate Bill 892 – Public Health-Perimenopausal, Menopausal, and Postmenopausal Conditions*. The bill advances access to evaluation and treatment of menopausal conditions by incentivizing providers to seek postgraduate education about menopause, establishing insurance coverage requirements, reviewing potential measures to support the economic security of people with menopausal symptoms, and increasing awareness of menopausal treatment through community health workers.

Women with menopausal symptoms have long been neglected by our healthcare system.ⁱ In the Study of Women’s Health Across the Nation (SWAN), researchers are conducting a longitudinal study to examine the health of women in their middle years. So far, SWAN has identified:

- Strategies to counteract loss of bone density during menopause;
- The impact of hot flashes on sleep and mental health;
- Steps to address memory and mental health challenges experienced during menopause; and
- The impact of declining estrogen on physical functions.ⁱⁱ

To improve health outcomes for people with menopause, Senate Bill 892 focuses on health provider education, consumer awareness and engagement, and health insurance coverage. We need this type of multi-faceted strategy because the gaps in menopause treatment and awareness are so significant.

We ask for a favorable report on this legislation. If we can provide any further information, please contact Robyn Elliott at relliott@policypartners.net or (443) 926-3443.

ⁱ <https://www.sciencedirect.com/science/article/pii/S2214109X2400528X>

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