

HB-1527 FAVORABLE

Testimony in Support of the Maryland Complementary and Alternative Health Care Practice Act

Chair, Members of the Committee:

I, Stephen Torzone of 1296 Cronson Blvd #3961 Crofton MD 21114, respectfully present this testimony as a patient who has personally benefited from complementary and alternative health care.

Like many Maryland residents, I spent years seeking answers through conventional medical channels. I consulted physicians, underwent standard testing, and followed recommended protocols. While I am grateful for the important role that Western medicine plays—particularly in acute care, trauma, and disease treatment—my experience was that many of my ongoing health concerns remained unresolved. I was repeatedly told that my tests appeared “normal,” yet I continued to experience symptoms that significantly affected my daily quality of life.

It was only after seeking complementary wellness support that I began to find answers that had not previously been addressed. Through non-invasive approaches such as nutritional analysis, PEMF therapy, red light therapy, and energy-based wellness practices, practitioners were able to identify imbalances in areas such as nutrition, cellular energy support, and lifestyle factors that had never been evaluated in my traditional medical visits.

These services did not replace medical care, nor did the practitioners attempt to diagnose disease or practice medicine. Instead, they focused on supporting the body’s natural systems through nutrition, wellness technologies, and lifestyle guidance. Over time, these approaches helped restore balance and improve my well-being in ways that conventional care had not been able to provide.

The legislation before you does not eliminate medical oversight or weaken existing healthcare laws. In fact, it does the opposite. The bill clearly prohibits complementary practitioners from performing medical procedures, prescribing drugs, or representing themselves as licensed medical professionals, ensuring that the public remains protected while still preserving the right of individuals to seek wellness support outside of the traditional medical system.

Equally important, the bill requires full transparency and disclosure, ensuring that clients clearly understand the nature of the services they are receiving and that practitioners openly state that they are not licensed medical providers.

As a patient, this approach is exactly what responsible consumer protection should look like. It preserves informed choice while maintaining clear boundaries between medicine and wellness services.

Many individuals in Maryland, like myself, are not seeking to replace medical care. Rather, we are seeking complementary tools that address gaps often left unaddressed—such as nutrition, energy balance, lifestyle factors, and preventative wellness.

This legislation simply allows those services to exist within a transparent, responsible, and well-defined framework.

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For patients like me, access to these complementary approaches has made a meaningful difference in our health and quality of life. I respectfully urge the committee to support this bill so that Maryland residents can continue to pursue wellness options while remaining fully informed and protected.

Thank you for your time and consideration.

Respectfully presented,
Stephen Torzone