



**Committee:** House Health Committee

**Bill:** House Bill 1365 - Health Occupations and Insurance - Menopause - Provider Training and Coverage Requirements

**Hearing Date:** March 3, 2026

**Position:** Support

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The Maryland Affiliate of the American College of Nurse Midwives (ACNM) strongly support *House Bill 1365 - Health Occupations and Insurance - Menopause - Provider Training and Coverage Requirements*. The bill advances access to evaluation and treatment of menopausal conditions by incentivizing providers to seek postgraduate education about menopause and requiring insurance coverage of evaluation and treatment of menopausal symptoms.

Women with menopausal symptoms have long been neglected by our healthcare system.<sup>i</sup> In the Study of Women's Health Across the Nation (SWAN), researchers are conducting a longitudinal study to examine the health of women in their middle years. So far, SWAN has identified:

- Strategies to counteract loss of bone density during menopause;
- The impact of hot flashes on sleep and mental health;
- Steps to address memory and mental health challenges experienced during menopause; and
- The impact of declining estrogen on physical functions.<sup>ii</sup>

To improve health outcomes for people with menopause, House Bill 1365 focuses on health provider education, consumer awareness and engagement, and health insurance coverage. We need this type of multi-faceted strategy because the gaps in menopause treatment and awareness are so significant.

We ask for a favorable report on this legislation. If we can provide any further information, please contact Robyn Elliott at [relliott@policypartners.net](mailto:relliott@policypartners.net) or (443) 926-3443.

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<sup>i</sup> <https://www.sciencedirect.com/science/article/pii/S2214109X2400528X>

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ii <https://www.swanstudy.org/fact-sheets/>