

The Honorable Chair
Delegate Heather Bagnall
Health Committee
240 Taylor House Office Building
Annapolis, Maryland 21401

**RE: OPPOSITION of House Bill 0679
Health Occupations - Cross-Sex Hormone Therapy for Minors**

To the Chair Bagnall, Vice Chair Cullison, and esteemed members of the Health Committee, My name is JP, I am a resident of Baltimore City. I am writing to name **my opposition to House Bill 0679 Health Occupations - Cross-Sex Hormone Therapy for Minors**). Historical data (from 1989-current) suggest that regret following gender transition or “desistance” among transgender people is incredibly low, with only 0.36% of respondents in the 2022 US Trans Survey reporting that they had decided to go back to living as their sex assigned at birth because transitioning wasn't right for them, while 98% reported that they were either “a lot more satisfied” (84%) or “a little more satisfied” (14%) with their life after receiving hormone replacement therapy.

As a trans adult today, I feel a sense of fulfillment and stability as a result of having had the opportunity to pursue gender-affirming care. Without that choice, I believe my mental health would have suffered significantly, addressed only by temporary measures rather than meaningful solutions. For this reason, I believe that transgender youth deserve the same autonomy to make informed decisions about the gender-affirming care they seek.

For these reasons and many more, **I ask the Health Committee to give HB0679 an unfavorable report.**

For more information please reach out to Charlotte Hoffman (they/she) • Trans Maryland • 317-446-4326 •
Charlotte@TransMaryland.org