

Re: HB1527 Position: Oppose (UNF)

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Dear Chair Bagnall and Members of the Committee,

I respectfully submit this testimony in opposition to HB1527 as currently written.

I am not a practitioner of the modalities referenced in this bill; however, I have personally benefited from them. For many years, I struggled to function fully in society and within personal relationships due to past traumatic experiences. When I discovered practices such as meditation, sound therapy, and other energy and vibrational modalities, they helped me reconnect with myself, regulate my nervous system, and gradually become more functional in daily life.

My concerns with HB1527 include the following:

- **Creates an unnecessary regulatory framework:**
The bill allows these services without a license but requires practitioners to disclose whether they are licensed by a health occupations board. This formally places personal wellness and spiritual practices into a regulatory structure where none currently exists.
- **Opens the door to future regulation:**
By framing these practices in terms of licensure, the bill may unintentionally create a pathway for future requirements that could restrict or regulate practices such as meditation, breathwork, and similar wellness modalities.
- **Creates stigma for clients seeking support:**
As someone who sought out these services during a difficult time, being presented with a written statement emphasizing that a practitioner is “not licensed” would have created hesitation and doubt when I was simply looking for support and healing.
- **May discourage access to beneficial wellness practices:**
Many people rely on these modalities for stress reduction, self-awareness, and emotional well-being. Language that emphasizes the absence of licensure could unintentionally discourage individuals from seeking practices that have helped many people improve their quality of life.

I understand and support the need for oversight when practices have the potential to cause harm. However, many of the modalities referenced in this bill are widely used personal wellness and spiritual practices that people have safely shared for generations.

For these reasons, I respectfully urge the committee to oppose HB1527 as currently written or significantly narrow its language.

Thank you for your time and consideration.