

HB1380 – Favorable

Julian D. Livingston

Mar 7, 2026

Dear Members of the Committee,

My name is Julian Livingston, and I am a transgender graduate student at the University of Maryland. I am writing to express my support for HB1380 and respectfully urge the committee to issue a favorable report.

I have been on testosterone since 2022, and my ability to access this medication safely and consistently has only been possible because of comprehensive health insurance coverage. As a student who manages many financial responsibilities independently, the cost of medication and healthcare can quickly and easily become overwhelming. Having reliable insurance coverage for gender-affirming care has made an enormous difference in my ability to maintain both my physical health and overall quality of life.

Gender-affirming hormone therapy is not elective or cosmetic care. It is essential, ongoing healthcare. Just like other long-term treatments that insurance routinely covers, these medications are necessary for the well-being of many transgender people. Policies that protect access to these prescriptions help ensure that individuals can continue their care without disruption.

HB1380 helps protect that access by strengthening insurance coverage protections for gender-affirming care medications and improving continuity of hormone therapy. These protections are critical for transgender and gender-diverse Marylanders who rely on consistent access to their prescriptions.

As someone who directly depends on this care, I urge the committee to support HB1380 and help protect the health and safety of transgender and gender-diverse residents across Maryland.

Thank you for your consideration.

Sincerely,

Julian Livingston