



BILL NUMBER: HB 1380

TITLE: Health Insurance - Prescriptions for Gender-Affirming Care and Hormone Therapy - Coverage and Dispensing Requirements

COMMITTEE: Health

HEARING DATE: March 13, 2026

POSITION: Favorable

Reproductive Justice Maryland Action supports House Bill 1380 in keeping with our mission to champion reproductive justice as a fundamental human right for all Marylanders. We believe that everyone deserves the freedom to make informed decisions about their bodies, health, and futures, free from discrimination, coercion, and barriers.

In the current political climate, it is an unfortunate reality that transgender and gender non-conforming people face unprecedented threats to their basic human rights. Not only is the federal government openly and intensely hostile to the rights of transgender and gender non-conforming people, but other state legislatures are seeing a steep rise in anti-transgender legislation.¹ Some of these bills intend to make access to gender-affirming care difficult or impossible to access. As with any sort of medical treatment, if transgender and gender non-conforming people cannot access the medical care they need, they are likely to experience negative physical and psychological outcomes.

While other states seek to cut off access to gender-affirming care, Maryland has an opportunity in HB 1380 to make care more accessible. HB 1380 will require health insurers to cover 12 months of gender-affirming hormones. There is precedent for this in Maryland, as we already require health insurers to cover 12 months of contraception.² Since gender-affirming care is already defined as legally protected health care,³ it simply makes sense to protect patients' access to medical care in this way as we do for contraception. RJM Action is proud to support HB 1380 and urges a favorable report.

¹ Harmon, Amy. "Kansas, Idaho, Utah, Oklahoma in New Push to Restrict Transgender Rights." The New York Times, 18 Feb. 2026, www.nytimes.com/2026/02/18/us/republican-states-transgender-rights-restrictions.html.

² HB 1283 of the 2018 Session.

³ State Personnel and Pensions § 2–312.