

**Maryland Association of School Health Nurses**



**Committee:** House Ways & Means Committee

**Bill Number:** House Bill 541 - Public Schools - Restocking Menstrual Hygiene Products - Requirement

**Hearing Date:** February 18, 2026

**Position:** Support

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The Maryland Association of School Health Nurses (MASHN) supports *House Bill 541 - Public Schools - Restocking Menstrual Hygiene Products - Requirement*. The bill requires each county board of education to ensure that each public school regularly restocks dispensers in the restrooms at the school with menstrual hygiene products.

In a 2023 national survey, nearly one in four teenagers struggled to afford period products and just under half had worn period products longer than recommended.<sup>1</sup> Students experience greater stress managing their periods at school than at home, and a lack of adequate hygiene products translates to students having trouble focusing in class or missing school entirely. By stocking menstrual hygiene products in schools, educators can create a supportive environment that fosters student well-being and academic success.

We ask for a favorable vote. If we can provide any information, please contact Robyn Elliott at [relliott@policypartners.net](mailto:relliott@policypartners.net).

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<sup>1</sup> State of the Period: 2023, <https://period.org/uploads/SOTP-2023.pdf>.