

KATHY SZELIGA
Legislative District 7A
Baltimore County

Health Committee

Subcommittees

Health Facilities

Health Occupations

Pharmaceuticals

Rules and Executive
Nominations Committee



Annapolis Office
The Maryland House of Delegates
6 Bladen Street, Room 322
Annapolis, Maryland 21401
410-841-3698
800-492-7122 Ext. 3698
Kathy.Szeliga@house.maryland.gov

THE MARYLAND HOUSE OF DELEGATES
ANNAPOLIS, MARYLAND 21401

HB 63 Education – Interscholastic and Intramural Junior Varsity and Varsity Teams and Locker Rooms –
Designation Based on Sex
2026 Fairness in Girls’ Sports Act

HB 63, Fairness in Girls’ Sports Act, is a simple measure that protects the integrity of girls’ sports, specifically Junior Varsity and Varsity high school athletics. The bill also designates locker room spaces dedicated for biological females.

In plain language, HB 63 will limit JV and Varsity girls’ sports to biological girls, protecting girls’ physical safety, protecting girls’ records, and ensuring Title IX opportunities for collegiate and other competitive athletic opportunities are protected. HB 63 also ensures that when JV and Varsity girls are changing into their sports uniforms, their bathing suits, and showering after competition their private spaces for biological girls only.

A January 2025 Maryland poll found that 79% of Americans, including 67% Democrats, believe male athletes who identify as women should not be allowed to compete in women’s sports. Polling in Maryland and nationally continues to gain support for ensuring that girls’ sports are for biological girls.

This bill has never been about exclusion. Everyone should engage in some form of athletic activity. Competitive athletes dedicate their lives to improving their craft and work to be the best in athletic abilities. Biological differences matter in competitive sports, and boys and girls are biologically distinct. Scientific research confirms that boys have greater muscle mass, bone density, speed, strength, and more. This starts in the womb with testosterone. It’s about biology. It’s about science. It’s about recognizing clear and obvious biological advantages that boys have over girls.

This legislation is about fairness, equal opportunity, and safety. Over 50 years ago, Title IX expanded athletic opportunities for women and girls by ensuring they can compete on a level playing field. The Fairness in Girls’ Sports Act reaffirms that commitment. This legislation also addresses the critical issue of athlete safety. Athletic competition often involves physical contact, speed, and strength, and biological differences between males and females can increase the risk of injury.

High schools have a responsibility to provide a safe competitive environment for all students, as well as private and secure locker room spaces where female athletes can change, prepare for games, celebrate victories and work through losses without feeling uncomfortable due to the presence of biological males with different physical anatomy. At least 27 states have adopted legislation protecting girls’ sports, and it is time for Maryland to do the same.

I urge FAVORABLE report on HB 63.